# Clarke County Parks & Recreation Program Guide

A Publication of Programs & Activities Sponsored by The Clarke County Parks & Recreation Department for the Summer 20



PROGRAM REGISTRATION BEGINS ON APRIL 9 FOR CLARKE COUNTY RESIDENTS AND APRIL 11 FOR NON-CLARKE COUNTY RESIDENTS AT HTTPS://CLARKE.RECDESK.COM

**NORTAY JATROY** 

Phone: 540-955-5140 • Fax: 540-955-4049 www.clarkecounty.gov

225 Al Smith Circle • Berryville, VA 22611

Clarke County
Parks & Recreation

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### April 2025 – September 2025 Recreation Center Hours:

#### October 1-May 31

 $\begin{array}{ll} \mbox{Monday-Friday} & 9\mbox{ AM} - 9\mbox{ PM} \\ \mbox{Saturday} & 10\mbox{ AM} - 9\mbox{ PM} \\ \mbox{Sunday} & 12\mbox{ noon} - 7\mbox{ PM} \end{array}$ 

#### June 1-September 30

Monday-Friday 9a.m.-6p.m.
Saturday 12noon-6p.m.
Sunday CLOSED

2025 Recreation Center General Admission and (20 visit) Discount Passes				
Age	Fee			
3-5	\$2.50			
6-15	\$3.00			
16-54	\$4.00			
Seniors (55+)	\$2.50			
6-15 Discount Pass*	\$50.00			
16-54 Discount Pass*	\$70.00			
Seniors (55+) Discount Pass*	\$30.00			

<sup>\*</sup>Proof of residency is required for the Clarke County discount pass.

#### **Holidays:**

May 3rdCLOSEDMay 26thCLOSEDJuly 4thCLOSEDSeptember 1stCLOSED

Abbreviated Schedule: May 2<sup>nd</sup> 9a.m.-6p.m.

#### **Parks & Recreation Staff**

Lisa Cooke, CPRP
Director

Tanya Myers

Administrative Services Manager

**Shannon Martin, CPRP** *Recreation Program Coordinator* 

Tracey Pitcock, MES
Recreation Program Coordinator

Melinda Seals

Childcare Specialist

**Tracy Wilson**Assistant Childcare Specialist

**Leslie Bowery** 

Recreation Center Manager & Facilities Superintendent

Ann Boothe

Customer Service Specialist

#### Parks & Recreation Advisory Board

Tracy Smith Mitch Hoff
Tom Elliston Nancy Merriman
Susan Merriman Berkeley Reynolds
Emily Rhodes Randy Trenary
R. Eric Voelkel Douglas Shaffer

P&R Advisory Board meetings are held quarterly, in January, April, July, & October, on the second Wednesday at 6PM at the Recreation Center. Meetings are open to the public.

## **Clarke County Youth Sports Organizations**

Youth sports organizations listed below use Chet Hobert Park facilities, but are not affiliated with Clarke County Parks & Recreation. Each is an independent organization with its own leadership responsible for administration of their groups. Contact information is provided as a courtesy; Clarke County Parks & Recreation cannot guarantee its accuracy.

#### CLARKE COUNTY YOUTH BASKETBALL

Joe Braithwaite (540) 539-8878 Amy McCaw (703) 431-0136 P.O. Box 82, Berryville VA 22611 www.clarkecountyyouthbasketball.com

#### CLARKE COUNTY LITTLE LEAGUE

Kim Braithwaite P.O. Box 812, Berryville VA 22611 www.clarkecountylittleleague.com

#### CLARKE COUNTY SOCCER LEAGUE

#### **Ray Steen**

commissioner@clarkesoccer.org
P.O. Box 720, Berryville VA 22611
www.clarkesoccer.org

#### **CLARKE COUNTY YOUTH FOOTBALL**

clarkecountyyouthfootball@gmail.com P.O. Box 967, Berryville VA 22611 www.clarkeyouthfootball.org

#### CLARKE COUNTY YOUTH CHEER

ccyflcheerboard@gmail.com P.O. Box 967, Berryville VA 22611 www.clarkeyouthfootball.org

#### SHENANDOAH VALLEY YOUTH LACROSSE

CCYLacrosse@gmail.com https://svyl.sportngin.com



#### **AQUATICS**

May-June 2025 Pool Operating schedule							
S	М	T	W	Th	F	S	
						24	
25	26	27	28	29	30	31	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30						
	July 20	25 Poo	l Opera	ting sch	nedule		
S	М	Т	W	Th	F	S	
		1	2*	3	4	5	
6	7*	8	9*	10	11	12	
13	14*	15	16*	17	18	19	
20	21*	22	23*	24	25	26	
27	28*	29	30*	31			
Aug	ust-Sep	t 2025	Pool O	peratin	g sched	ule	
S	М	Т	W	Th	F	S	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31	1						
		Ор	en swir	n: 12-6	pm		
		Op	oen swi	m: 3-6P	M		
			Pool (	Closed			
*		Evenin	g Swim	7:15-9	:15 PM		

2025 Swimming Pool General Admission				
General Admission	Fee			
Child /2 & under	Free			
with paying adult				
3-5	3.50			
6-15	4.50			
16-54	5.00			
Seniors (55+) &	3.50			
Military w/ ID				
Discount Passes				
(20 Admissions)				
Child / 2 & under	N/A			
with paying adult				
3-5*	60.00			
6-15*	80.00			
16-54*	90.00			
Seniors (55+) &	60.00			
Military w/ ID				
Discount Pass *				
Group Rate	20 or more 20%			
	discount			
	(pre-arranged)			
<b>*N</b>				

<sup>\*</sup>Must have proof of Clarke County residency. Recreation Center & Pool Passes are not interchangeable. Separate fees apply at both locations.

#### **Mission Statement:**

The mission of Clarke County Parks and Recreation is to provide quality recreational opportunities and facilities for our local community.

#### **Vision Statement:**

It is the vision of Clarke County Parks and Recreation to create a well-connected and engaged community by promoting health, well-being, and quality of life through fun, diverse, and safe programs and facilities.

#### **Core Values:**

The core values of Clarke County Parks and Recreation are to:

- preserve, maintain, and expand facilities,
- promote diversity,
- provide service excellence,
- provide diverse, equitable, and innovative programming for all
- promote community engagement and collaboration.

#### 2025 SWIM LESSON CLASS SCHEDULE

No REGISTRATIONS allowed after 5pm on the Registration Cut-off date.

A \$5.00 administrative fee is charged for ALL swim lesson transfer requests & non-medical cancellations. Participants will be canceled from class if unable to perform the pre-requisites.

Swim lessons are Monday through Thursday for 30 minutes.

A credit will be issued for classes canceled for weather.

Course &	Age	Days	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7
Cost			6/16-19	6/23-26	6/30-7/3	7/7-10	7/14-17	7/21-24	7/28-31
REGISTRAT	TION CU	T-OFF:	6/13 @	6/20 @	6/27 @	7/4 @	7/11@	7/18 @	7/25 @
			5pm						
Starfish	1-2	M-TH	10:45AM						
\$32/sess	1-2	M-TH	6PM						
Turtle	3-5	M-TH	10:10AM						
\$32/sess	3-5	M-TH	10:45AM						
	3-5	M-TH	6PM						
Frog	3-5	M-TH	10:10AM						
\$32/sess	3-5	M-TH	10:45AM						
	3-5	M-TH	6PM						
Octopus	4-6	M-TH	10:10AM						
\$32/sess	4-6	M-TH	11:20AM						
	4-6	M-TH	6PM						
Swim 1	6-15	M-TH	10:45AM						
\$32/sess	6-15	M-TH	11:20AM						
	6-15	M-TH	6:35PM						
Swim 2	6-15	M-TH	10:45AM						
\$32/sess	6-15	M-TH	11:20AM						
	6-15	M-TH	6:35PM						
Swim 3	6-15	M-TH	10:10AM						
\$32/sess	6-15	M-TH	11:20AM						
	6-15	M-TH	6:35PM						
Swim 4	6-15	M-TH	10:10AM						
\$32/sess	6-15	M-TH	11:20AM						
	6-15	M-TH	6:35PM						
Swim 5	6-15	M-TH	11:20AM						
\$32/sess	6-15	M-TH	6:35PM						

#### TRY SCUBA DIVING!

Shawn Hassler with Scuba Buddys Dive Shop will be hosting this session for those interested in learning more about scuba diving. The session is appropriate for ages 12-80. *Class is Sunday June 22, July 6 and Aug 3 from 12:30-3PM.* Cost is general admission to the pool. Call 540-433-3337 to schedule additional opportunities.

#### PADI OPEN WATER DIVER SCUBA CLASS

Do you want to learn the fundamentals of scuba diving, including dive equipment and techniques? Upon successful completion of this class, you will receive a referral to complete your open water diver certification course with the instructors or any PADI dive center in the world. Classes will be scheduled as needed. 3-5 days are necessary depending on your comfort underwater. Classes are at the Clarke County Pool. *Registration is through Scuba Buddys: Shawn Hassler 540-433-3337*.

#### **GUIDELINES FOR PLACEMENT IN SWIM LESSONS**

If you have questions about the appropriate class for your child, please call 540-955-5143 or 540-955-5158. It is typical for students to participate in a class several times before progressing. Each session consists of 4 classes

#### Starfish (Parent & Toddler ages 1-2)

An adult must participate with a child. Snug fitting plastic pants or swim diapers under swimsuit is required. (No disposable or cloth diapers). The class objective is to teach the adult, with the child, how to work on water adjustment, basic skills, and personal safety so the child will become comfortable and safe around the water.

#### **Turtle (Parent & Preschooler ages 3-5)**

An adult needs to be prepared to be in the water with the child until the instructor deems otherwise. Child needs to be able to function well in a structured group. The class objectives are comfort and safety in the water, fully submerge the face, float on front and back with support, and swim on front and back with support.

#### Frog (ages 3-5)

Pre-requisites: participants need to be able to fully submerge their face, float on their front and back with support, and swim on their front and back with support. The class objectives are to perform front & back glides, roll over, swim 15ft on front and back without support and tread water using arms and legs.

#### Octopus (ages 4-6)

Pre-requisites: participants need to be able to front and back glides, roll over, and swim on front & back using combined strokes. The class objectives are to perform front & back crawl 15 yards, change directions while swimming on front & back, perform front/jellyfish/tuck floats, and finning arm action on back. Upon successful completion of this course, participants will be ready for Swim 2 or Swim 3 depending on comfort level.

#### Swim 1 (ages 6-15)

Pre-requisites: participants need to be able to function well in a group setting. The class objectives are comfort and safety, opening eyes underwater while retrieving submerged objects, front on front & back with support, and swim on front & back with support.

#### Swim 2 (ages 6-15)

Pre-requisites: participants need to be able to fully submerge face, float on front & back with support, and swim on front & back with support. The class objectives are to perform front & back glides, roll over, swim on front & back with support (15ft), and tread water using arms & legs.

#### Swim 3 (ages 6-15)

Pre-requisites: participants need to be able to perform front and back glides, rolling over, swim on front & back using combined strokes, and tread water. The class objectives are to perform front crawl & elementary backstroke, sitting & kneeling dives, use rotary breathing, and learn flutter, scissor, dolphin, and breaststroke kicks.

#### Swim 4 (ages 6-15)

Pre-requisites: participants need to be able to perform front crawl & elementary backstroke, use rotary breathing and flutter/ scissor/dolphin and breaststroke kicks. The class objectives are to perform front & back crawl, elementary backstroke, butterfly, breaststroke & sidestroke, compact and standing dives, and open turns.

#### Swim 5 (ages 6-15)

Pre-requisites: participants need to be able to perform front & back crawl, elementary backstroke, butterfly & breaststroke & sidestroke, compact & standing dives, and open turns. The class objectives are to perform front & back crawl (50yds) and elementary backstroke, butterfly, breaststroke, & sidestroke (25yds).



#### JUNE LAP SWIM/WATER WALK

Date:	Day:	Age:	Time:	Fee:
6/9	M	all	6:30-7:30 a.m.	\$5
6/11	W	all	6:30-7:30 a.m.	\$5
6/13	F	all	6:30-7:30 a.m.	\$5
6/16	M	all	6:30-7:30 a.m.	\$5
6/18	W	all	6:30-7:30 a.m.	\$5
6/20	F	all	6:30-7:30 a.m.	\$5
6/23	M	all	6:30-7:30 a.m.	\$5
6/25	W	all	6:30-7:30 a.m.	\$5
6/27	F	all	6:30-7:30 a.m.	\$5
6/30	M	all	6:30-7:30 a.m.	\$5

\*Pre-registration is required. This pool time for those who wish to participate in water walking and/or lap swimming for low impact exercise.

#### JULY MORNING LAP SWIM/WATER WALK

UUL			)	
Date:	Day:	Age:	Time:	Fee:
7/2	W	all	6:30-7:30 a.m.	\$5
7/7	M	all	6:30-7:30 a.m.	\$5
7/9	W	all	6:30-7:30 a.m.	\$5
7/11	F	all	6:30-7:30 a.m.	\$5
7/14	M	all	6:30-7:30 a.m.	\$5
7/16	W	all	6:30-7:30 a.m.	\$5
7/18	F	all	6:30-7:30 a.m.	\$5
7/21	M	all	6:30-7:30 a.m.	\$5
7/23	W	all	6:30-7:30 a.m.	\$5
7/25	F	all	6:30-7:30 a.m.	\$5
7/28	M	all	6:30-7:30 a.m.	\$5
7/30	W	all	6:30-7:30 a.m.	\$5
			1.1 0 1 1 11.	

\*Pre-registration is required. This pool time for those who wish to participate in water walking and/or lap swimming for low impact exercise.

#### JULY EVENING LAP SWIM/WATER WALK

Date:	Day:	Age:	Time:	Fee:
7/3	TH	all	6:10-7:10 p.m.	\$5
7/8	T	all	6:10-7:10 p.m.	\$5
7/10	TH	all	6:10-7:10 p.m.	\$5
7/15	T	all	6:10-7:10 p.m.	\$5
7/17	TH	all	6:10-7:10 p.m.	\$5
7/22	T	all	6:10-7:10 p.m.	\$5
7/24	TH	all	6:10-7:10 p.m.	\$5
7/29	T	all	6:10-7:10 p.m.	\$5
7/31	TH	all	6:10-7:10 p.m.	\$5

\*Pre-registration is required. This pool time for those who wish to participate in water walking and/or lap swimming for low impact exercise.

#### AUGUST LAP SWIM/WATER WALK

Date:	Day:	Age:	Time:	Fee:
8/4	M	all	8-9 a.m.	\$5
8/5	T	all	6:10-7:10 p.m.	\$5
8/6	W	all	8-9 a.m.	\$5
8/7	TH	all	6:10-7:10 p.m.	\$5
8/11	M	all	8-9 a.m.	\$5
8/12	T	all	6:10-7:10 p.m.	\$5
8/13	W	all	8-9 a.m.	\$5
8/14	TH	all	6:10-7:10 p.m.	\$5

\*Pre-registration is required. This pool time for those who wish to participate in water walking and/or lap swimming for low impact exercise.



#### SHALLOW WATER AEROBICS

Date:	Day:	Age:	Time:	Fee:
6/17-7/8	T	16+	7:15-8 p.m.	\$28
6/19-7/10	TH	16+	7:15-8 p.m.	\$28
7/15-29	T	16+	7:15-8 p.m.	\$21
7/17-8/7	TH	16+	7:15-8 p.m.	\$28

Instructor: Shannon Tipton

This class promotes muscle strength, endurance, flexibility, and muscle tone through vigorous aerobic exercises in shallow water with the use of energetic music. 4 classes

#### **DEEP WATER AEROBICS**

Date:	Day:	Age:	Time:	Fee:	Instructor:
6/17-7/8	T	12+	10:15-11 a.m.	\$28	Donna Whiteside
6/19-7/10	TH	12+	10:15-11 a.m.	\$28	Donna Whiteside
7/15-8/5	T	12+	10:15-11 a.m.	\$28	Donna Whiteside
7/17-8/7	TH	12+	10:15-11 a.m.	\$28	Donna Whiteside
6/16-7/7	M	16+	6:30-7:15 p.m.	\$28	Carol Marshall
6/18-7/9	W	16+	6:30-7:15 p.m.	\$28	Carol Marshall
7/14-8/4	M	16+	6:30-7:15 p.m.	\$28	Carol Marshall
7/16-8/6	W	16+	6:30-7:15 p.m.	\$28	Carol Marshall

\*Participants must be comfortable in deep water. Floatation devices are available. This class will vary formats and include a combination of traditional water aerobics, high intensity cardio, toning, and resistance training in a totally non-impact environment. 4 classes

#### BLENDED LEARNING RED CROSS WATER SAFETYINSTRUCTOR

Date:	Day:	Age:	Time:	Fee:
6/21-22*	SA-SU	16+	9 a.m6 p.m.	\$365

Instructor: Kevin Egbert

\*Pre-register by 6/7 in order to complete the required online learning portion prior to the first class. This course will certify individuals to teach all levels of the American Red Cross Learn to Swim Program, the Community Water Safety and the Water Safety Instructor Aide course. The Fundamentals of Instructor Training course will be included in the class content. Attendance at all classes is required! Successful completion of final tests is required for certification. 2 classes

#### RED CROSS LIFEGUARDING TODAY RECERT

Date:	Day:	Age:	Time:	Fee:
5/26	M	15+	10:30 a.m7:30 p.m.	\$100

**Pre-requisites:** Proof of current certification as an American Red Cross Lifeguard.

This course reviews all the fundamental skills of an American Red Cross certified lifeguard including CPR and First Aid for the Professional Rescuer. Attendance at all classes is required! Successful completion of final tests is required for certification. NOTE: Schedule is subject to change. 1 class



#### WATER SAFETY AIDE

Date:	Day:	Age:	Time:	Fee:
6/16-19	M-TH	15+	4-8 p.m.	\$100
Instructor:	Rachel Thom	pson	_	

This course is designed to train participants to assist Water Safety Instructors to teach water safety and swimming courses. Attendance at all classes is required! 4 classes

#### BLENDED LEARNING RED CROSS LIFEGUARD CLASS

Date:	Day:	Age:	Time:	Fee:
5/24	S	15+	5:45-7 p.m.	\$200
5/28	W		4:30-7:30 p.m.	
5/31	SA		10 a.m3 p.m.	
6/1	SU		10 a.m3 p.m.	
6/2	M		4:30-7:30 p.m.	
6/3	T		4:30-7:30 p.m.	
6/4	W		4:30-7:30 p.m.	
6/6	F		4:30-7:30 p.m.	
6/7	SA		9 a.m12 p.m.	

Instructor: Rachel Thompson

This course follows American Red Cross guidelines. Participants must be at least 15-years-old on or before the last scheduled day of class. Participants must be able to swim continuously for 150 yards, tread water without hands for 2 minutes, then swim another 50 yards, and surface dive into deep water to retrieve a block in a preset time without goggles. (A refund minus \$50 is issued only if unable to successfully complete prerequisites.) Participation in this class does not guarantee certification. The American Red Cross Lifeguarding class teaches water safety basics and the proper protocol when dealing with any emergencies around water. Class blends both lectures with handson training to teach effective techniques to deliver prompt care to those in need. The class involves in-person skills practice and testing. Attendance at all class dates is required. Successful completion of final tests is required for certification. Once a participant passes the prerequisite test, no refunds are processed. NOTE: Schedule is subject to change. 9 classes

#### 2025 CCPR SUMMER SWIM TEAM

PERSONS WANTING TO JOIN THE SWIM TEAM MUST TRY-OUT BEFORE REGISTERING.

RETURNING TEAM MEMBERS DO NOT NEED TO TRY-OUT BEFORE REGISTERING.

Registration opens after Try-outs.

June 2-5 practices for 12 and under will be Monday-Thursday 6:30-7:30 p.m. June 2-5 practices for 13 and over will be Monday-Thursday 7:30-8:30 p.m. Starting June 9 practice for 13 and over will be Monday-Friday 7:30-8:30 a.m. Starting June 9 practice for 12 and under will be Monday-Friday 8:30-9:15 a.m.\* or 9:15-10 a.m.\*Younger & new swimmers will be assigned to a skill appropriate training group at either 8:30 or 9:15am. Participants will compete in five local and one regional meet. Meets are generally on Saturday mornings. The season will end with a Championship meet at the end of July. Fee is \$150.

#### **SWIM TEAM TRYOUT SCHEDULE:**

	Day/Date:	Time:	Age:	Eligibility Requirements:
Try-outs	5/27 or 5/28	5:30-6 p.m.	5-8yr	Must be able to swim 25 meters continuously with one legal stroke.     Must be comfortable in deep water.
Try-outs	5/27 or 5/28	6-6:30 p.m.	9-10yr	- Must be able to swim 50 meters continuously with one legal stroke.  - Must be able to perform shallow dives.  - Must be comfortable in deep water.
Try-outs	5/27 or 5/28	6:30-7 p.m.	11-12yr	- Must be able to swim 75 meters continuously with one legal stroke.  - Must be able to perform shallow dives.  - Must be comfortable in deep water.
Try-outs	5/27 or 5/28	7-7:30 p.m.	13-18yr	Must be able to swim 100 meters continuously with one legal stroke.     Must be able to perform shallow dives.     Must be comfortable in deep water.

#### **BOY SCOUTS SWIM TEST**

Date: Day: Age: Time: Fee: 6/8 SU varies 10 a.m.-12 p.m. \$5/person This designated time is for local Boy Scouts to take their swim test prior to attending summer camp.



#### **BEGINNER OUILTING CLASS**

Date: Day: Age: Time: Fee: June 19, 26 & July 3 TH 16+ 2:30-5:30 p.m. \$15 Instructor: Eileen Wall

This is a great class for all beginners and those who wish to learn the fundamentals of quilting! You will create a lifetime keepsake, and class is open to anyone interested in learning to quilt. You will learn the basics of quilting: tools of the trade, fabric selection know-how, and sewing techniques. Participants will make a spiral row by row item using a quilt-as-you-go method on



a domestic sewing machine. This is a machine piecing and quilting class requiring students to bring in their own sewing machine (you will need to know how to use and troubleshoot on your own, this is not a sewing class). 3 classes

#### SHENANDOAH PIECEMAKERS

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Date:	Day:	Age:	Time:	Fee:
5/12	M	18+	6:30-8:30 p.m.	\$2.50
6/9	M	18+	6:30-8:30 p.m.	\$2.50
7/14	M	18+	6:30-8:30 p.m.	\$2.50
8/11	M	18+	6:30-8:30 p.m.	\$2.50

 $Leader: Eileen \ Wall, Shenandoah\_Piecemakers @outlook.com$ 

This quilting club meets on the 2nd Monday of each month from 6:30-8:30 p.m. and is open to all skill levels. Each meeting includes planned programs, presentations and socializing with others who share a love of quilting; making this club a wonderful way to spend a few hours each month and support your quilting journey. Community service projects are designated each year along with group challenges, additional workshops and planned outings. 1 meeting

#### **QUILTS OF VALOR**

X	0 0 - 11			
Date:	Day:	Age:	Time: Fee:	
5/13	TU	18+	10 a.m3 p.m.	\$2.50
6/10	TU	18+	10 a.m3 p.m.	\$2.50
7/8	TU	18+	10 a.m3 p.m.	\$2.50
8/12	TU	18+	10 a.m3 p.m.	\$2.50

Leader: Diane Hearne

Come and join the Quilts of Valor® Group as they make quilt tops/ quilts to be awarded to area veterans and service members! Bring your sewing machine and patriotic/military themed/cheerful fabric from your own stash to work on. If you do not have fabric, feel free to come anyway. We have a selection of fabric that has been donated and we are happy to share. Even if you aren't sure about the group but would like to learn what we do, come and join us for a visit. 1 meeting

#### **GUILD OF FABRIC ARTISTS**

Date:	Day:	Age:	Time:	Fee:
5/18	SU	18+	2-4 p.m.	\$2.50

Leader: Norma Fredrickson

The Guild of Fabric Artists meets the 3rd Sunday of each month and is designed to support and facilitate the creation and exhibition of members' fabric art. A different study will be explored each month. Everyone will show & tell about works in progress and completed work. 1 meeting

#### PAINT A MURAL AT THE POOL

Date:	Day:	Age:	Time:	Fee:
6/16-20	M-F	13+	8-9:30 a.m.	\$170
6/16-20	M-F	9-12	9:30-11 a.m.	\$170
6/16-20	M-F	6-8	11 a.m12:30 p.m.	\$170

Instructor: Sarah Gallahan

Calling all budding artists! This is a special opportunity to learn about painting a mural while creating a feature wall at the Clarke County pool under the expert tutelage of local muralist Sarah Gallahan.

#### PARENT & ME LITTLE ARTISTS

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Date:	Day:	Age:	Time:	Fee:	Topic:
5/10	SA	2-6	10:15-11 a.m.	\$5	Cave Art
5/17	SA	2-6	10:15-11 a.m.	\$5	Oil and Watercolor
					(Steam)
6/7	SA	2-6	10:15-11 a.m.	\$5	Candy Pop Art
6/14	SA	2-6	10:15-11 a.m.	\$5	Spray Bottle Art
8/16	SA	2-6	10:15-11 a.m.	\$5	Jackson Pollock
					Drip Painting
8/23	SA	2-6	10:15-11 a.m.	\$5	Marbling
Instructo	or: Kriste	n Zabor	owski		•

Parent supervision is required for each participant. \*An additional supply fee of \$5 is payable to the instructor at class. Come create some fun art with us! Participants will build fine motor skills and explore the process of art while making fun crafts. All projects made will be ready to go home after class. Participants are strongly encouraged to wear old clothes and an art smock if possible to class. Please let us know if there are any allergies.

5/10 - Cave Art: Children will learn about the first art found in the Lascaux cave paintings. Students will recreate their own cave painting using some of the common symbols we saw used from the original works.

5/17 - Oil and Watercolor (Steam): Students will explore what happens when you use oil and watercolor ink together.

6/7 - Candy Pop Art: Taking inspiration from artist Andy Warhol, children will try their hand making their favorite candy pop with repetition and color (mixed media).

6/14 - **Spray Bottle Art:** Ms. Kristen will demonstrate how a spray bottle works. We will place stencils on our papers and see our designs come to life (positive and negative space).

8/16 - **Jackson Pollock Drip Painting:** Children will learn about artist Jackson Pollock and how his painting style is made through his movement (painting) around the canvas. If possible this project will be done outside (or modified for indoors). \*Wear old clothes and shoes.

8/23 - **Marbling:** Pupils will help make marbling designs with shaving cream and food coloring.



#### PARENT & ME LITTLE ARTISTS CAMP

Date:	Day:	Age:	Time:	Fee:
6/16-20	M-F	2-6	11:15 a.m12 p.m.	\$25

Instructor: Kristen Zaborowski

Parent supervision is required for each participant. \*An additional supply fee of \$25 is payable to the instructor at the first day of camp. Come create some fun art with us! Participants will build fine motor skills and explore the process of art while making fun crafts. All projects made will be ready to go home after class. Participants are strongly encouraged to wear old clothes and an art smock if possible to class. Please let us know if there are any allergies. Here is what participants will create during the week. Monday - Paul Klee Block Printing: Using a variety of building block shapes, students will create a Paul Klee inspired print. Tuesday - Clay Animals: Using handbuilding techniques, children will create their favorite animal or an imaginary one out of model magic. Wednesday - Piet Mondrian Sun catchers: Children will be introduced to abstract artist Piet Mondrian. Students will assemble black lines and paint primary colored squares and rectangles on a clear plate to create a Mondrian inspired sun catcher. Thursday - Intro to Weaving: Students will practice the art of weaving with yarn on a round board. Friday - Eric Carle Process Painting: Children will use a variety of objects to explore painting techniques like artist and author Eric Carle.

#### TINY TOES DANCE: DANCE WITH ME

Date:	Day:	Age:	Time:	Fee:
5/5-6/2 (no 5/26)	M	18 mos-2.5yrs	10-10:45 a.m.	\$72
Instructor: Ms. As	shlev	·		

This fun-filled class incorporates the basics of ballet, jazz, and tap, introducing age-appropriate movements that align with developmental milestones. Using creative themes and lively, child-friendly music, dancers will develop coordination, rhythm, and motor skills in an engaging and supportive environment. With a focus on playful learning, this class encourages bonding while nurturing a love for dance at an early age. NOTE: There is no dress code; however, dancers will need ballet and tap shoes. 4 classes

#### **TINY TOES DANCE**

Date:	Day:	Age:	Time:	Fee:
5/5-6/2 (no 5/26)	M	2.5-4	11-11:45 a.m.	\$72

Instructor: Ms. Ashley

These fun and engaging dance classes provide a foundation in proper dance education suited for all children. Classes incorporate ballet, jazz, and tap dance as well as a variety of educational add-ons and seasonal inclusive themes. NOTE: There is no dress code; however, dancers will need ballet and tap shoes. 4 classes

#### TINY TOES DANCE: SHINING STARS

Date: Day: Age: Time: Fee: 5/5-6/2 (no 5/26) M 3-5 4:30-5:15 p.m. \$72

Instructor: Ms. Ashley

Our Shining Stars class, featuring ballet, jazz, and tap, is designed to build coordination and foster strong classroom skills while laying a solid foundation in dance technique. Dancers will explore graceful ballet movements, energetic jazz combinations, and rhythmic tap steps, all while developing focus, listening skills, and teamwork. This fun and structured class provides young dancers with the tools they need to grow both as individuals and as part of a group, nurturing their love for dance in a supportive environment. NOTE: There is no dress code; however, dancers will need ballet and tap shoes. 4 classes



#### TINY TOES DANCE: PETITE PERFORMERS

Date:	Day:	Age:	Time:	Fee:
5/5-6/2 (no 5/26)	M	6-9	3:30-4:30 p.m.	\$80

Instructor: Ms. Ashley

This class provides a well-rounded dance education while challenging students to build endurance, strength, and flexibility. Through a blend of graceful ballet techniques, dynamic jazz movements, and rhythmic tap exercises, dancers will develop coordination, balance, and musicality. The class offers multiple opportunities for students to perform in the community, allowing them to showcase their skills and gain confidence. NOTE: There is no dress code; however, dancers will need ballet and tap shoes. 4 classes

#### MINI MIGHTY MAESTRO FOR MOMMY & ME

Date:	Day:	Age:	Time:	Fee:
5/7-28	W	2-3yrs	10-10:30 a.m.	\$88
6/4-25	W	2-3yrs	10-10:30 a.m.	\$88
7/9-30	W	2-3yrs	10-10:30 a.m.	\$88
8/6-27	W	2-3vrs	10-10:30 a.m.	\$88

Instructor: Jessica Hall of Beleo Music Group

Using music both fun for Mom and child, Mini Mighty Maestros, teaches rudiments of music and movement using a blend of familiar and multicultural songs. Percussion instruments are used to teach rhythm patterns that students will be able to apply to a song. Some song examples include "Can't Stop The Feeling", "How Far I'll Go", Mozart's 40th Symphony and "Siyahamba". 4 classes

#### MINI MIGHTY MAESTRO SCHOOLAGED EDITION

Date:	Day:	Age:	Time:	Fee:
5/7-28	W	4-7	3:45-4:30 p.m.	\$98
6/4-25	W	4-7	3:45-4:30 p.m	\$98
7/9-30	W	4-7	3:45-4:30 p.m	\$98
8/6-27	W	4-7	3:45-4:30 p.m	\$98

Instructor: Jessica Hall of Beleo Music Group

Students will sing, dance and perform instrumental accompaniments to traditional and modern children's songs. Critical listening skills will be taught through exposure to classical and modern orchestral pieces, where students will identify song form, instruments, dynamics and articulation. Beginner level music theory, including note and rhythm reading, will be taught through a series of fun games and group activities. 4 classes

#### **BEGINNER GUITAR**

	DE ON IT IELL OUTTIELL						
Date:	Day:	Age:	Time:	Fee:			
5/7-28	W	8-18	4:45-5:30 p.m.	\$98			
6/4-25	W	8-18	4:45-5:30 p.m.	\$98			
7/9-30	W	8-18	4:45-5:30 p.m.	\$98			
8/6-27	W	8-18	4:45-5:30 p.m.	\$98			

Instructor: Dominic Bennett of Beleo Music Group

Our team-developed guitar curriculum focuses on the individual needs of each student. The techniques learned in this course will enable the students to perform with rock bands, school bands, guitar ensembles and to compose original music. This course can accommodate all levels of guitar students as each student receives an individual education plan at the beginning of the session. 4 classes

#### PRIVATE MUSIC LESSONS

Date: Day: Time: Fee: Age:

SU-SA 4+ Rec Center Hrs 5/1-8/31 \$46/30 min lesson

Instructor: Beleo Music Group

Would you like to learn to play the piano, guitar, bass, violin/viola, and/or have voice lessons? This is your opportunity. Please designate what you would like to learn when you register. After you register, an instructor will contact you to set up a mutually convenient lesson appointment. Each appointment is a half-hour, and occurs at the Recreation Center. After your first appointment, please email smartin@clarkecounty.gov to arrange for additional lessons.

#### **BEGINNER SEWING BOOTCAMP**

Date:	Day:	Age:	Time:	Fee:
5/9-6/13	F	8+	6-7:30 p.m.	\$90

Instructor: Jacquetta Owen

This class will cover 4 different projects. Participants need to bring the following supplies to class: a sewing machine, scissors, thread, seam ripper, hem gauge, pins, pillowcase (3/4 yard for body and 1/3 yard for band), elastic waist pants (2 yards flannel or cotton for long pants) (1 1/2 yard for short pants), apron (1 yard of two different cottons or twill). 6 classes

#### ONE YARD WONDER SEWING PROJECTS

Project:	Date:	Day:	Age:	Time:	Fee:
Placemats	6/20	F	8+	6-7:30 p.m.	\$20
Lunch bag	6/27	F	8+	6-7:30 p.m.	\$20
Grocery Tote	7/11	F	8+	6-7:30 p.m.	\$20
Yoga Mat	7/18	F	8+	6-7:30 p.m.	\$20
Sleep Shorts	8/1	F	8+	6-7:30 p.m.	\$20
Bathmat	8/8	F	8+	6-7:30 p.m.	\$20

Instructor: Jacquetta Owen

Learn to create these useful sewing projects in just 1 class and with only 1 yard of fabric. A materials list is available at registration. 1 class

#### INTRO TO BALLROOM DANCE

Date:	Day:	Age:	Time:	Fee:
5/6-6/10	T	20+	6-7 p.m.	\$78
6/17-7/22	T	13-19	6-7 p.m.	\$78
7/29-9/2	T	40+	6-7 p.m.	\$78

Instructor: Kareem Mohr

Students will get an introduction to the most popular ballroom dances: Tango, Foxtrot, Waltz. Instructor will teach the students how these dances are built, which will improve their ability to learn in the future. We will cover how to make a dance frame, a few basic patterns, and the rhythms for these dances. 6 classes

#### INTRO TO LATIN DANCE

Date:	Day:	Age:	Time:	Fee:
5/1-6/5	ΤΗ	20+	6-7 p.m.	\$78
6/12-7/17	TH	13-19	6-7 p.m.	\$78
7/24-8/28	TH	40+	6-7 p.m.	\$78

Instructor: Kareem Mohr

Students will get an intro to the three most common Latin dances: Cha-cha, Rumba, and Swing. Our focus here will be the elements that make these dances and the rhythms that make them so much fun. 6 classes

#### INTRO TO SALSA DANCING

Date:	Day:	Age:	Time:	Fee:
5/7-6/11	W	20+	6-7p.m.	\$78
6/18-7/23	W	13-19	6-7 p.m.	\$78
7/30-9/3	W	40+	6-7 p.m.	\$78

Instructor: Olena Kalynii

Class will focus on basic patterns for salsa and some of the Latin hip styling that gives salsa its flair. Focus will also be given to the rhythm that makes salsa unique. 6 classes

#### **DIP INTO ART CLASSES**

			I CLASSES		
Date:	Day:	Age	: Time:	Fee:	Topic:
5/6	T	6+	3:30-5:30 p.m.	\$35	Turquoise Highlander Cow Acrylic Painting
5/13	T	6+	3:30-5:30 p.m.	\$35	Meet Me In Capri Acrylic Painting
5/20	T	6+	3:30-5:30 p.m.	\$35	Mountains & Flowers Acrylic Painting
5/27	T	6+	3:30-5:30 p.m.	\$35	Lighthouse Acrylic Painting
6/3	T	4+	3:30-5:30 p.m.	\$35	Handmade Papermaking
6/10	T	3+	3:30-5:30 p.m.	\$40	Fabric Collage and Wood Art
6/17	T	7+	3:30-5:30 p.m.	\$35	Blooms & Bottle Acrylic Painting
6/24	T	7+	3:30-5:30 p.m.	\$35	Summer Cactus Acrylic Painting
7/1	T	7+	3:30-5:30 p.m.	\$35	Summer Paradise Acrylic Painting
7/8	T	5+	3:30-5:30 p.m.	\$35	Cow Appreciation Day! Painting
7/15	T	5+	3:30-5:30 p.m.	\$45	Under the Moon Camp Wood Cut Out
7/22	T	7+	3:30-5:30 p.m.	\$55	Wooden Book Box
7/29	T	7+	3:30-5:30 p.m.	\$35	Girls Trip Acrylic Painting
8/5	T	7+	3:30-5:30 p.m.	\$45	Watercolor Sunflower
8/12	T	7+	3:30-5:30 p.m.	\$45	Watercolor Seagull in the Mist
8/19	T	7+	3:30-5:30 p.m.	\$45	Watercolor Serene Beach
8/26	T	7+	3:30-5:30 p.m.	\$45	Watercolor Blue Hue Florals

Instructor: Paula Roberts of Dip Into Art



"Turquoise Highlander Cow": Includes all supplies and person step-by-step instructions for an 11x14 stretched canvas painting. Beginners welcome and all painters leave with a finished painting. So, gather up your friends and let's paint this spring themed Turquoise Highlander together!

"Meet Me In Capri": Absolutely, meeting in Capri sounds like a dreamy vacation plan! Imagining soaking up the warmth of Italy, surrounded by the crystal-clear waters of Capri, paints a perfect picture of relaxation and beauty. Let's capture the essence of this stunning scene on canvas. "Meet Me In Capri" Includes all supplies and in person step-by-step instructions to create an 11x14 stretched

canvas painting. Beginners welcome and all painters leave with a finished painting.

"Mountains and Flowers": How wonderful it is to be captivated by a piece of art that transports you to serene mountains and

blooming flowers. This simple yet elegant painting gives a true sense of peace and beauty. "Mountains and Flowers" Includes all supplies and in person step-by-step instructions to create an 11x14 stretched canvas painting. Beginners

welcome and all painters leave with a finished painting.

"Lighthouse": Let's shine the light with this charming lighthouse painting. Despite its simplicity, you'll be amazed at the intricate detail it adds to your artwork. "Lighthouse" includes all supplies and in person step-by-step instructions to create an 11 x14 stretched canvas painting. Beginners welcome and all painters leave with a finished painting. "Handmade Papermaking": Experience the art of



handmade paper making with our unique craftsmanship. Let's have fun and make our own paper using recycled materials. You will take home your own paper at the end of the session. All supplies (including pre-pulped recycled materials) and in-person instructions included. \*If you would

like to keep a Paper Making Screen Kit (Mold and Deckle), there is an additional \$15 fee payable to the instructor.

"Fabric Collage and Wood Art": Come join us for a delightful Upcycled Fabric & Wood Art workshop! Get ready as we combine fabric pieces with pre-cut wooden designs. Choose from a variety of shapes like flowers, animals, and seashells to create your unique piece. These are beautifully framed in a sturdy 1/4-inch walnut frame measuring 6.5x6.5 inches. Assembling your art is a breeze with brad fasteners and with all supplies provided. including guided instructions, you'll have a fun and hassle-free crafting experience!

















"Blooms and Bottle": Brighten your day with our delightful "Blooms and Bottle" painting session! Let the sunflowers and a bottle of cheer inspire you as the warm days appear. Includes all supplies and in person step-by-step instructions to create this acrylic painting on an 11x14 stretched canvas. Beginners are always welcome!

"Summer Cactus": Let's paint a potted

summer cactus full of color and whimsical fun together! This beginner-friendly acrylic painting is not only a delightful experience but also a great way to discover the beauty of intricate details in your artwork. All the supplies you need, along with in-person step-by-step instructions to guide you through the process of creating this 11x14 stretched canvas acrylic painting.





"Summer Paradise": What an exciting adventure we're about to embark on! Together, we'll paint a summer paradise bursting with vivid details and dreams. Let's close our eyes and envision ourselves sipping margaritas by the sea, the sun warming our backs as we unleash paint! All the supplies you need, along with in-person step-by-step instructions to guide you through the process of creating this 11x14 stretched canvas acrylic painting.

"Cow Appreciation Day": Hey there, cow lovers! Happy Cow Appreciation Day to you! Today is the perfect day to celebrate our adorable bovine friends. Featuring a lovely cow surrounded by summery flowers. It'll be a delightful way to honor these gentle creatures and add a splash of color to our day. All the supplies included, along with in-person step-bystep instructions to guide you through the process of creating this 11x14 stretched canvas acrylic painting.



"Under The Moon Camp": With summer in full swing, adding a charming



camping sign can truly elevate the warmth and fun of the season! We will paint this piece on a laser etched wood cut out featuring all the familiar camping shapes you cherish. the lines are laser etched in the material so it makes it easy to paint. they are made of 1/4" thick mdf and come ready to paint. All the supplies included, along with in-person step-by-step instructions to guide you through the process.



"Wooden Book Box": Ready-To-Decorate Wood Box for Trinkets, Coins, Jewelry, Valuables and more! Hey there, let's dive into a crafty time decorating these adorable 9.75" wooden book boxes that resemble a mini library book! Two design options or bring your own unique ideas to life using paints, stencils, or acrylic markers. These charming boxes not only offer a delightful acrylic painting experience but also

serve as playful and practical storage solutions for your precious jewelry, colorful crayons, and other small treasures. All supplies will be available, with instructor led guidance!

"Girls Trip": It's time for a fabulous girls' trip to the beach! Remember that unforgettable beach getaway with your friends, the sun on your skin, the sound of waves, and laughter filling the air? Let's capture these moments in this fun, beginner friendly painting! All the supplies you need, along with in-person step-by-step instructions to guide you through the process of creating this





"Watercolor Sunflower" on 9 x 12 Stonehenge Aqua Heavy Watercolor, 300lb, Cold Press Paper. Join us for a rejuvenating session of painting a beautiful watercolor, Sunflower. You don't need to worry about supplies; we've got you covered. Plus, our in-person instructions make it super easy and enjoyable for beginners.

"Watercolor Seagull In The Mist" on 9 x 12

Stonehenge Aqua Heavy Watercolor, 300lb, Cold Press Paper. Welcome to our beginner-friendly watercolor lesson where you'll be painting a soft and serene seagull in the mist design. This calming artwork is perfect for those new to watercolors. Don't worry about supplies; everything you need is included, and our instructor will be there to guide you every step of the way. Fall in love with the beauty of Watercolor.





"Watercolor Serene Beach" on 9 x 12 Stonehenge Aqua Heavy Watercolor, 300lb, Cold Press Paper. Welcome to our beginner-friendly watercolor lesson where we'll be painting a soft and serene beach scene design together! No need to worry about bringing any supplies; we've got you covered with everything you need. Our dedicated instructor will provide step-by-step guidance to ensure you have a relaxing and enjoyable painting experience.

**"Watercolor Blue Hue Florals"** on 9 x 12 tonehenge Aqua Heavy Watercolor, 300lb, Cold Press Paper. In this watercolor lesson, we'll be focusing on painting a beautiful Blue Hue with a touch of brown, lovely floral design. Our dedicated instructor will provide step-by-step guidance to ensure you have a relaxing and enjoyable painting experience. All supplies included.



## CREATIVE ART AND DANCE TIME

Date: Day: Age: Time: Fee: 5/7-21 W 4-8 4-5 p.m. \$28

Instructor: Allyson Allison

Does your student like to draw and create things? Do they enjoy learning through movement of dance? Then join us for some art/ and dance time. Bring your ballet and tap shoes for some creative dance and weekly craft project for preschool-elementary ages. 3 classes



#### PERSONAL TRAINING

Date: Day: Age: Time: Fee: 5/1-8/31 SU-SA 16+ Rec Center Hrs \$45/appt\* Personal Trainer: Ginger Gray, Corrective Exercise Specialist, Senior Fitness Specialist

\*\$380 for a 10 appt discount pass that must be used by 8/31/25. Individualized fitness training sessions help you attain your goals faster. After you register, a trainer will contact you to set up a mutually convenient appt. Each appointment is one hour and only occurs at the Recreation Center and is one on one with a trainer.

#### BALANCE AND MOBILITY

Date:	Day:	Age:	Time:	Fee:
5/17	SA	40+	10:30-11:30 a.m.	\$10
6/21	SA	40+	10:30-11:30 a.m.	\$10
7/19	SA	40+	10:30-11:30 a.m.	\$10
8/16	SA	40+	10:30-11:30 a.m.	\$10

This class is designed for older adults & persons who want/need to improve their balance, strength, and mobility. Each class will work on controlling your center of gravity, increasing strength, gaining flexibility, improving endurance, exploring multi-sensory training and enhancing your gait pattern. 1 class

#### **AM TOTAL FITNESS**

Instructor: Joy Felegie

Date:	Day:	Age:	Time:	Fee:
5/1-29 (no 5/22)	TH	16+	9-10 a.m.	\$28
5/6-27	T	16+	9-10 a.m.	\$28
6/3-24	T	16+	9-10 a.m.	\$28
6/5-26	TH	16+	9-10 a.m.	\$28
7/1-29	T	16+	9-10 a.m.	\$35
7/3-31	TH	16+	9-10 a.m.	\$35
8/7-28	TH	16+	9-10 a.m.	\$28
8/12-26	T	16+	9-10 a.m.	\$21

Location: Rec Center staff parking lot

Instructor: Shannon Tipton

Class is outside so dress for the weather. Drop-in enrollment is \$9.50 after minimum. Total Fitness is a variety fitness class for men and women. The class includes interval training using body weight, weights and cardio exercises. Modifications for varying levels of fitness are available. Bring a mat, hand weights (if you have them), and water. Every class is different!



#### CHAIR YOGA (IN PERSON & ON ZOOM)

Date:	Day:	Age:	Time:	Fee:		
5/5-6/2 (no 5/26)	M	55+	11:30 a.m12:30 p.m.	\$28		
6/9-30 (no 6/23)	M	55+	11:30 a.m12:30 p.m.	\$21*		
7/7-28	M	55+	11:30 a.m12:30 p.m.	\$28		
8/4-25	M	55+	11:30 a.m12:30 p.m.	\$28		
Instructor: Sue Miller						

Drop-in enrollment is \$9.50 after minimum. This is a hybrid class so students can attend in person or virtually via Zoom. The instructor will send instructions & an invitation to access the class via zoom just prior to each class. Please provide a valid email address at registration. Chair Yoga is a gentle type of Yoga done from the safety and comfort of the chair. We also do some poses standing behind the chair and holding on. You get all the benefits of a floor Yoga class that help improve posture, arthritis, general pain, flexibility, strength, balance, energy, stress and mental attitude. This class also includes Meditation, Breathing, Stretching and Relaxation. Please bring a yoga mat, 1 yoga block and 1 yoga strap. 4 classes, \*3 classes

#### **ONLINE FITT FOREVER**

Date:	Day:	Age:	Time	Fee:		
5/1-29	ΤΗ	40+	10-11 a.m.	\$35*		
5/6-27	TU	40+	10-11 a.m.	\$28		
6/3-24	TU	40+	10-11 a.m.	\$28		
6/5-26	TH	40+	10-11 a.m.	\$28		
7/1-29	TU	40+	10-11 a.m.	\$35*		
7/3-31	TH	40+	10-11 a.m.	\$35*		
8/5-26	TU	40+	10-11 a.m.	\$28		
8/7-28	TH	40+	10-11 a.m.	\$28		
Instructor: Jane Johnston						

Drop-in enrollment is \$9.50 after minimum. This ONLINE class is a strength training, & stretching class designed to revitalize participants with more energy, confidence and satisfaction in the comfort of their home. Please bring a mat, 12 inch ball (kids kickball) and light hand

weights. 4 classes. \*5 classes

#### ONLINE FLUID MOTION

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Date:	Day:	Age:	Time:	Fee:
5/2-30	F	40+	10-11 a.m.	\$35*
5/5-6/2 (no 5/26)	M	40+	11 a.m12 p.m.	\$28
5/7-28	W	40+	11 a.m12 p.m.	\$28
5/7-28	W	40+	6-7 p.m.	\$28
6/4-25	W	40+	11 a.m12 p.m.	\$28
6/4-25	W	40+	6-7 p.m.	\$28
6/6-27	F	40+	10-11 a.m.	\$28
6/9-30	M	40+	11 a.m12 p.m.	\$28
7/2-30	W	40+	11 a.m12 p.m.	\$35*
7/2-30	W	40+	6-7 p.m.	\$35*
7/7-28	M	40+	11 a.m12 p.m.	\$28
7/11-8/1	F	40+	10-11 a.m.	\$28
8/4-25	M	40+	11 a.m12 p.m.	\$28
8/6-27	W	40+	11 a.m12 p.m.	\$28
8/6-27	W	40+	6-7 p.m.	\$28
8/8-29	F	40+	10-11 a.m.	\$28
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Instructor: Jane Johnston

Drop-in enrollment is \$9.50 after minimum. This ONLINE Fluid Motion is a Feldenkrais Method® Awareness through Movement® class performed in the comfort of your home and is perfect for reclaiming vitality and movements lost to aging, disease and/or disuse.4 classes, \*5 classes

#### LOW INTENSITY ZUMBA

Date:	Day:	Age:	Time:	Fee:
5/2-30	F	40+	10-11 a.m.	\$35*
6/6-27	F	40+	10-11 a.m.	\$28
7/11-8/1	F	40+	10-11 a.m.	\$28
8/8-29	F	40+	10-11 a.m.	\$28

Instructor: Joan Samples

Drop-in enrollment is \$9.50 after minimum. Low Intensity Zumba is all about having fun while getting into shape. It is a slower paced but still exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party. \*5 classes, 4 classes

#### **PILATES WORKSHOPS**

Date:	Day:	Age:	Time:	Fee:
5/1	ΤΗ	16+	6-6:45 p.m.	\$10
6/5	TH	16+	6-6:45 p.m.	\$10

Instructor: Jillian Lee/Pilates-34.com

Come and strengthen your core, improve your endurance and flexibility, balance, and posture! The class will focus on Joseph Pilates movement system that strengthens movement from the powerhouse (core muscles), cultivating a mind-body connection. Bring a mat.1 class

#### HATHA YOGA

Date:	Day:	Age:	Time:	Fee:
5/5-19	M	16+	6-7 p.m.	\$21*
6/2-23	M	16+	6-7PM	\$28
7/7-28	M	16+	6-7PM	\$28
8/4-25	M	16+	6-7PM	\$28

Instructor: Katie Steinmetz

Drop-in enrollment is \$9.50 after minimum. A gentle yoga that uses standing and sitting poses to stretch the whole body, breathe awareness to wash away stress, and relaxation to cleanse your mind at the end of the day. Please bring a yoga mat. 4 classes, \*3 classes

#### **TONE & STRENGTH**

Date:	Day:	Age:	Time:	Fee:
5/5-19	M	16+	7:15-8:15 p.m.	\$21
5/7-28	W	16+	7:15-8:15 p.m.	\$28
6/2-30	M	16+	7:15-8:15 p.m.	\$35
6/4-25	W	16+	7:15-8:15 p.m.	\$28
7/2-30	W	16+	7:15-8:15 p.m.	\$35
7/7-28	M	16+	7:15-8:15 p.m.	\$28
8/4-25	M	16+	7:15-8:15 p.m.	\$28
8/6-27	W	16+	7:15-8:15 p.m.	\$28
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Instructor: Colette Lambert

There is a \$9.50 drop-in option once class has met minimum. Whether you are just starting out, want to maintain or improve your fitness level, this class will help you achieve your goals. After a full body warm up, we will work each muscle group and core using light to medium weights, bands or body weight. The workout will ramp up your heart rate intermittently to improve endurance and stamina. The circuit training style has a fun and active pace designed for you to work at your pace while building your strength and skills to the next level.

#### **YOGA TONE**

IOUA	IOIL			
Date:	Day:	Age:	Time:	Fee:
5/9-30	F	16+	5-6 p.m.	\$28
6/13-27	F	16+	5-6 p.m.	\$21
7/11-18	F	16+	5-6 p.m.	\$14
8/1-29	F	16+	5-6 p.m.	\$35

Instructor: Stuart Hill

There is a \$9.50 drop-in option once class has met minimum. This is a mixed level combination yoga, toning, and strength training class. Modifications for all skill levels will be demonstrated. Emphasis will be on postures, breathing, and strength training exercises to tone the whole body. A yoga mat is recommended. View some of his recorded classes at http://www.stuarthill.us

## General Interest

#### SITUATIONAL AWARENESS

Date:	Day:	Age:	Time:	Fee:
5/16	F	12+	6:30-7:30 p.m.	\$5
6/20	F	12+	6:30-7:30 p.m.	\$5
7/11	F	12+	6:30-7:30 p.m.	\$5
8/8	F	12+	6:30-7:30 p.m.	\$5

Instructor: Master Deputy Curtis

A parent must attend with any participant under 16. This is not a firearms or self-defense class. It is a seminar that will help you improve your personal safety strategies and will provide you with valuable information that you can apply in every area of your life. One of the most important steps toward ensuring your own safety is having a personal safety strategy in place before you need it. This program teaches the tips and techniques you need in order to be alerted to dangerous situations and to avoid criminal confrontation. This class will explore various safety topics and strategies relevant to current concerns such as physical/travel/child/senior citizen security and much more. 1 class

#### **ESSENTIAL OILS**

Theme:	Date:	Day:	Age:	Time:	Fee:
For Surviving Summer	5/21	W	14+	6:30-8:30 p.m.	\$5
For the Complete Beginner	6/18	W	14+	6:30-8:30 p.m.	\$5
For Sleep Support	7/23	W	14+	6:30-8:30 p.m.	\$5
For Back to School	8/20	W	14+	6:30-8:30 p.m.	\$5
Instructor: Lorrie Roberts				_	

**5/21 For Surviving Summer:** Summer brings longer days, warm sunlight, no school, and lots of opportunities for family gatherings, outdoor activities, camping, and vacations. Along with pool parties and suntans, summer also brings a few other things: respiratory discomfort, poison ivy, overheating, ticks and bugs, car sickness, stings from bees, wasps, and jellyfish. In this Class, you'll learn how to use essential oils to maximize the pleasures of summer, and minimize the problems. Everyone will get to make summer sampler kit and one lucky attendee will win a 15 ml. bottle of Lavender. 1 class

6/18 For the Complete Beginner: Learn how to use essential oils daily to support and promote a healthy body, physically and emotionally. Everyone will get to make their very own nasal inhaler with their favorite essential oil from class. One person is going to win a beginner oils set of Lemon, Lavender, and Peppermint. 1 class 7/23 For Sleep Support: Trouble sleeping? Essential Oils provide the perfect solution to this common problem. The Essential Oils that are discussed in this class help soothe, calm, and relax your mind and body. By the end of this class, you will come away with the knowledge of which Essential Oils to use, and multiple ways to use them so that you and your family can find rest easily. Everyone gets to make a relaxing pillow spray and one lucky attendee will win a 15 ml. bottle of a sleep supporting essential oil blend. 1 class

**8/20 For Back to School:** Learning is such an invaluable part of each of our lives. Unfortunately, the pressures of the workload can build up and take their toll on the teacher, the student, and even their families. In addition, the school environment is often a magnet for attracting germs. In this class, we are going to talk about how Essential Oils allow your family to thrive when school is in session. Everyone gets to make an aromatic necklace and one lucky attendee will win a 15 ml roller bottle of an essential oil calming blend. 1 class

#### BARYSITTER 101

Date:	Day:	Age:	Time:	Fee:
5/17	SA	11-15	12-6 p.m.	\$55
8/2	SA	11-15	12-6 p.m.	\$55
Instructor	Mary Veilleux			The same of

Participants learn to care for children and infants, be a good leader and role model, make good decisions and solve problems, keep the children you baby-sit and yourself safe, handle emergencies such as injuries, illnesses and household accidents, write resumes and interview for jobs and much more! Participants learn by doing. There will be a half-hour lunch break, bring a packed lunch. 1 class

#### WOMEN'S SELF DEFENSE BASICS

Date:	Day:	Age:	Time:	Fee:
7/8	TU	16+	7-8:30 p.m.	\$7
7/15	TU	16+	7-8:30 p.m.	\$7
7/22	TU	16+	7-8:30 p.m.	\$7
7/29	TU	16+	7-8:30 p.m.	\$7

Instructor: Dave Jarvis

This course will provide women with valuable and realistic strategies to defend themselves against violent encounters. Discover tactics to prevent and reduce risk, increase awareness and physically combat an assault. Class will involve light to moderate physical activity so participants should wear comfortable athletic clothing and bring water. Also, bring a purse if you carry one on a regular basis. This class is a great orientation for girls heading off to college. 1 class

#### ADULT & PEDIATRIC CPR/AED & FIRST AID

Date:	Day:	Age:	Time:	Fee:
5/28	W	13+	6-9 p.m.	\$100
7/16	W	13+	6-9 p.m.	\$100

Instructor: Ashley Neimiller

This course uses in-person lecture, videos, skills practice & checks to meet the most up to date CPR/AED instructional requirements. Students will learn care for cardiac and breathing emergencies as well as sudden illness and injuries. Practice of CPR skills is strenuous and students should be prepared to be on the floor for practice and actively moving throughout the CPR/AED portion of the course. 1

#### STOP THE BLEED

Date:	Day:	Age:	Time:	Fee:
8/6	W	10+	6-9 p.m.	Free

Instructor: Shawn Reynolds

Stop the Bleed is a national program designed to train individuals to help in bleeding emergencies before professional help arrives. Knowing how to control bleeding caused by serious injury is important for everyone, especially parents and caregivers. Stop the Bleed certified instructor Shawn Reynolds is a professional Firefighter/AEMT for Clarke County who has worked with government agencies here and abroad, teaching Tactical Medicine in permissive and non-permissive environments. He is an NAEMT Tactical Emergency Casualty Care (TECC) instructor, Tier 3 Tactical Combat Casualty Care (TCCC) medic/corpsman instructor, and one of a handful of International Trauma Life Support (ITLS) High Threat instructors in the Mid-Atlantic region. For more information, go to www.stopthebleed.org

#### PHARMACY TECHNICIAN TRAINING

Day: Age: Time: Date: Fee: 5/12-8/15 (no 5/26, 7/4) M&W&F 14+ 12:30-2:30 p.m. \$1600.00\* \*A deposit of \$101 is due at registration with the remainder of the fee due at 1st class. This comprehensive 80 hour/40 class program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names. Through classroom lectures and hands-on labs, students will review dosage calculations, drug classifications, the "top 200 drugs", I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parenteral nutrition (TPN), dispensing of prescriptions, inventory control and billing and reimbursement. National Certification: This program meets the necessary requirements to take the Pharmacy Technician Certified Board (PTCB) - Certified Pharmacy Technician (PTCB) exam. NWCA National Certification: This program meets the necessary requirements to take the National Workforce Career Association (NWCA) Pharmacy Technician (PTAC) Exam.



## BE WELL COACHING COMPLIMENTARY DISCOVERY SESSION

Fee: Free

Instructor: Christel Montgomery, Certified Health and Life Coach Have you ever wondered what it would be like to experience having a Health or Life Coach? Now's your chance. This Complimentary Discovery Session will allow you to experience just that. Coach Christel will help you uncover what has been stopping you or slowing you down from having the health / life you want. She will help you discover how to **BE Well** in your body, mind and spirit as well as discover which foods and lifestyle habits are bringing you down and what to do about it. This is a 60-minute phone call focused on YOU. No worries about the location —it is from the comforts of your home or whereabouts.

#### **BE WELL HEALTH COACH 1 to 1**

Date: Day: Age: Time: Fee: by appt by appt. 21+ by appt. \$75/session

\$225-4/phone sessions

Instructor: Christel Montgomery, Certified Health and Life Coach One on One Personal Health Coaching can help you begin your pathway to wellness. Christel works with her clients to offer the right system, support and accountability for you. Sessions include initial consultation with a client action guide, follow-up notes, along with supporting client handouts and continued support from 1, 4, 6, or 12 one hour weekly sessions. Fees will vary based on number of sessions that you choose. Session Packages \*Special Bonuses included just 4 you! https://bwelljourney.wixsite.com/coaching

#### BE WELL HEALTH WORKSHOPS

Date:Day:Age:Time:Fee:Topic:6/23M30+6-7:30 p.m.\$20Sugar talk6/24TU30+6-7:30 p.m.\$20Invite to wellnessInstructor:Christel Montgomery, Certified Health and Life Coach

Location: DG Cooley Upper Campus Gym

"I understand how easy it is to fall into the role of taking care of everyone and everything" It's time to move **YOU** to the front of the line and take **YOUR** health, goals and dreams **OFF** the back burner. I received my certification as a Health and Life Coach, and learned how to Be Well. Through my journey, I am now able to help other women discover their power and start dreaming again and learn just how healthy they can become body, mind and spirit. https://bwelljourney.wixsite.com/coaching

#### WOMEN'S WELLNESS CAMP

Date: Day: Age: Time: Fee: 7/22-24 TU-TH 30+ 6-8 p.m. \$58 Instructor: Christel Montgomery, Certified Health and Life Coach Reset, recharge, reboot. Are you ready to look at where you are and how you can move forward into that version of you that feels more balanced and alive? This camp will give you the tools to help you explore what is possible for you. We will look at how to live healthier, reduce stress, and build new habits. Small simple changes that make a big difference. The best part is we get to do this together. 3 classes.

#### WOMEN'S WELLNESS GATHERING

Date: Day: Age: Time: Fee: 8/10 SU 30+ 2-6 p.m. \$40

Instructor: Christel Montgomery, Certified Health and Life Coach + Special Guests

Location: Active Living Center, Rotary Shelter

This gathering is the perfect setting to explore new ways to nurture your body, mind and spirit. Do you find yourself stressed trying to balance various roles and responsibilities, life's demands and challenges? Give yourself permission to join Christel to learn how to make time to take care of YOU. It's to easy to put yourself on the back burner these days. Learn how to make you the priority so that you can gracefully serve others and keep up with life's challenges. 1 class

#### **BE WELL HEALTH WORKSHOPS**

Date: Day: Time: Fee: Age: 5/1-8/28 by appt 18 +by appt \$15/pp Instructor: Christel Montgomery, Certified Health and Life Coach Are you ready for a CHANGE? Self-care is not about being selfishit is actual the complete opposite. "I understand how easy it is to fall into the role of taking care of everyone and everything" It's time to move YOU to the front of the line and take YOUR health, goals and dreams OFF the back burner. As a better you makes a difference not just for you, but for all those around you including your family/ friends and community. Allow yourself this special gift of positive coaching and let Ms. Christel Montgomery, Certified Health and Wellness Coach guide you towards your health and wellness goals. We are offering both personalized group sessions by appointment only. Here are a List of topics she shares with groups of 3 or more people descriptions are available for each allow a 1 hour to a 1-hour and a 1/2 pending on group size with time for a short Q&A. She is offering these amazing programs at a very affordable group rate

starting at \$15/person, Extended session options and pricing will vary based on length of program and number of participants. She is also available for speaking engagements as her busy schedule allows. Request a brochure and read about her Client's experiences and encouraging words they share.

**Topics: Invitation to Wellness Sugar Talk** 

Clarity & Mindset Movement and Self Care Balance and

**Habit Change** Woman's Wellness Series

#### PRIVATE GROUP ZINE TIME (PRONOUNCED ZEEN)

Date/Day: Age: Time: Fee: Theme: Ladies Night Zine By appt 18 +\$55\* by appt \$55\* Teens/Tweens Zine By appt 11-17 by appt Instructor: Christel Montgomery, Certified Health and Life Coach with Be Well Coaching

Create your own Private class of Zinisters to manifest your thoughts into a pocket sized vision board(s) -a ZINE! Make and Take, Trade -sell your creations-Save for a rainy day. Come in and create. You choose your own theme as our instructor guides you thru the discovery process. \*Additional material fees to be discussed with serious inquiries -basic materials, deluxe materials, length of sessions (1-2 hours). Material fees may be reduced if group wishes to supply their own. \*Fee for up to 10 people then \$5/pp

#### AFTER-SCHOOL TUTORING

Date: Day: Age: Time: Fee

by appt. by appt. 5-15 by appt. \$35/45m session by appt. 5-15 by appt. \$45/60m session by appt.

Instructor: Allyson Allison

Now offering Individual Tutoring for K-8th grade! This is the extra help your student needs to succeed in school. Each session will help the student excel in many subjects including, writing/grammar, phonics, spelling, math, science and history. Your student will be assessed and given exercises to help them progress. The instructor will assist with homework if needed. Organization and test taking skills will also be



incorporated in this session. Sessions are scheduled for 45 min for \$35/session, 60 min for \$45/session. Math Tutoring also available this summer with Alyssa Reams

#### HOMESCHOOL COORDINATOR (By appointment only)

Date: Day: Age: Time: Fee:

by appt. by appt. 18 +by appt. \$35/60m session

Instructor: Allyson Allison

Do you need help with developing and teaching your homeschooler? Allyson has been teaching ages 3-16 for over 23 years in all subjects. Being a coordinator for many schools and students over the years, she can build and develop a homeschool program that is consistent with state standards for your student. She can conduct ongoing assessment of student skills and learning; modify instructional methods to fit individual students' needs (including students with special needs); conduct individual and small group instruction as needed; and respond appropriately and in a timely manner to parent communications and to parent requests for help or information. Participate in formal and informal parent-teacher conferences for student. All of this can be done via ZOOM on a daily basis. You provide the books; she provides the teaching time.

#### **PATHFINDERS for Families and Groups**

Date: Day: Age: Time: Fee: TBD \$40/hr by appt by appt 3+

Instructor: Kathy Budnie, Naturalist

Discover nature with your family and friends, get some outdoor exercise, or supplement your children's science studies. Groups of up to 10 people will work directly with our naturalist to make program arrangements. Possibilities include creek, river, and pond studies, insect searches, hikes, walks to learn about flowers, trees, birds, wildlife, ecology-or something else. Destinations are flexible. Entrance fees are not included in the program fee. Adult supervision of children is required

#### **BE A NATURE EXPLORER!**

Dates: Day: Time: Fee: Age: 10-11:30 a.m 7/1-3TU-TH 5-13 \$38

Instructor: Kathy Budnie, Naturalist

Location: Cool Spring Battlefield natural area 1400 Parker Ln

Bluemont, VA 20135

Do you like to hike and look for animals and plants in nature? If so, come along with us! We'll explore this beautiful natural area and find out about things we discover. For each session, please bring a water bottle in a backpack, and wear a hat, sturdy shoes, socks, and clothes that can get dirty. 3 classes.

#### BE A NATURE DECTECTIVE

Dates: Dav: Age: Time: Fee: TU-TH 5-13 10-11:30 a.m \$38 7/15-17

Instructor: Kathy Budnie, Naturalist

Location: Cool Spring Battlefield natural area 1400 Parker Ln

Bluemont, VA 20135

Be a Nature Dectective! We will find out about the animals that live at Cool Springs by looking for the clues they leave behind in the Forest, Meadow and Water. For each session, please bring a water bottle in a backpack, and wear a hat, sturdy shoes, socks, and clothes that can get dirty.3 classes.

#### **DISCOVER A FARM!** FRUITS & VEGGIES, HERBS & FLOWERS

Dates: Day: Age: Time: Fee: 7/24-8/7 TH 5-13 10-11:30 a.m. \$39

Instructor: Kathy Budnie, Naturalist Location: Mackintosh Fruit Farm,

1608 Russell Rd, Berryville, VA 22611

Get your hands dirty as we unearth the mysteries of soil and plants. Visit a local farm and discover how flowers, herbs, fruits and vegetables grow. Each week, you can find out how to grow your own food while making a project to take home. For each session, please bring a water bottle, and wear a hat, sturdy shoes, socks, and clothes that can get dirty.3 classes.

#### **Birthday Party Packages:**

The Clarke County Recreation Center offers Birthday Party packages and many options to meet your budget and help you plan the perfect party. Packages include set-up, clean up, room rental and/or gym rental, decorations and gift bags, so relax and let us do the work! Please call the birthday party coordinator at 540-955-5140 for more information and to schedule parties.

Please book at least 3 weeks in advance!

# Licensed Childcare

#### **SUMMER PLAY CAMP 2025**

Age: Rising 1st Grade through Rising 6th Grade
Day: Monday through Friday (closed 6/19 and 7/4)

Time: 7:30 a.m. to 6 p.m.

Location: DG Cooley Elementary School-Upper Campus, 34

Westwood Rd.

(Camp will utilize Chet Hobert Park for daily activities)

Fee: See fees below plus \$35 non-refundable registration fee per participant.

Fee includes 1 camp shirt plus 1 on-site special event or off-site field trip per week.

#### **SUMMER PLAY CAMP 2025 SCHEDULE**

Week:	Date:	Fee:	Payment Due/Registration Deadline:
1	6/9-6/13	\$139	6/2 or upon registration if first week
2	6/16-18, 6/20	\$112	6/9
3	6/23-6/27	\$139	6/16
4	6/30-7/3	\$112	6/23
5	7/7-7/11	\$139	6/30
6	7/14-7/18	\$139	7/7
7	7/21-7/25	\$139	7/14
8	7/28-8/1	\$139	7/21

Summer Play Camp gives children the opportunity to participate in organized, recreational, fun filled activities throughout the summer. Children will participate in a variety of age appropriate recreational activities in sports, nature, music, arts and crafts, supervised free play and games. Participants will spend two afternoons each week at the pool in Chet Hobert Park, receive a camp shirt and participate in one on-site special event or off-site field trip per week. Each child must bring a non-perishable lunch, a refillable water bottle and wear athletic shoes each day.

**PAYMENT:** Full payment and a non-refundable \$35 registration fee are required upon registration for the first week the child will attend. Families are encourage to sign up in advance for all the weeks children are likely to attend. Space is limited; camp fills up quickly.

**REGISTRATION:** Walk-in registration is required at the Clarke County Recreation Center. Prior to registration, each family must create an account in our software system, **https://clarke.recdesk.com.** Registration packets are available at the Clarke County Recreation Center in Chet Hobert Park during regular operating hours and online through the program at clarke.recdesk.com. Registration begins April 9 for county residence and April 11 for non-county residence.

Registration will not be accepted without the required documentation.

- (1) Completed Registration Forms
- (2) The Child's Original Birth Certificate for CCPR staff to view and record. (First Time Participant)
- (3) A copy of the Child's Immunization Records (First Time Participant)
- (4) A copy of the Child's School Physical Examination (First Time Participant)

## AFTER SCHOOL CHILD CARE 2025/2026 SCHOOL YEAR

Date:	Day:	Age:	Time:	Fee:
August	M-F	K-5th Grade	3-6 p.m.	\$135
September	M-F	K-5th Grade	3-6 p.m.	\$300
October	M-F	K-5th Grade	3-6 p.m.	\$315
November	M-F	K-5th Grade	3-6 p.m.	\$225
December	M-F	K-5th Grade	3-6 p.m.	\$225
January	M-F	K-5th Grade	3-6 p.m.	\$270
February	M-F	K-5th Grade	3-6 p.m.	\$270
March	M-F	K-5th Grade	3-6 p.m.	\$285
April	M-F	K-5th Grade	3-6 p.m.	\$270
May	M-F	K-5th Grade	3-6 p.m.	\$285
June	M-F	K-5th Grade	3-6 p.m.	\$45

NOTE: Walk-in registration is required. Registration begins July 8, 2025. After School Program is State-Licensed and located at DG Cooley Elementary School –Upper Campus, 34 Westwood Rd. Program operates daily on regular school days. Transportation is provided by Clarke County Public Schools for children who attend Clarke County Public Schools. This program follows the Clarke County Public School schedule and is subject to change.

**PAYMENT:** First month tuition plus \$35 non-refundable registration fee is due upon registration. If your child is enrolled in the CCPR Full Day Child Care Program for the 2025-2026 school year the registration fee is satisfied. Fees are paid monthly.

**REGISTRATION:** Walk-in registration is required at the Clarke County Recreation Center. Prior to registration, each family must create an account in our software system,

**https://clarke.recdesk.com.** Registration Packets will be available June 3, 2025 at the Clarke County Recreation Center in Chet Hobert Park and online through the program at clarke.recdesk.com.

## Registration will not be accepted without the required documentation.

- 1) Completed Registration Forms
- 2) The Child's Original Birth Certificate for CCPR staff to view and record. (First Time Participant)
- 3) A copy of the Child's Immunization Records (First Time Participant)
- 4) A copy of the child's Complete School Physical Examination. (First Time Participant)

(Allow two week days (M-F) to process your registration)



#### FULL DAY CHILD CARE PROGRAM **2025/2026 SCHOOL YEAR**

Date:	Day:	Age:	Time:	Fee:	Registration/
				Paym	ent Due Date
9/19	F	K-5th Grade	7:30 a.m6:00 p.m.	\$30	Upon
					Registration
10/10	F	K-5th Grade	7:30 a.m6:00 p.m.	\$30	9/15
10/27	M	K-5th Grade	7:30 a.m6:00 p.m.	\$30	9/15
11/3	M	K-5th Grade	7:30 a.m6:00 p.m.	\$30	10/15
1/16	F	K-5th Grade	7:30 a.m6:00 p.m.	\$30	12/15
2/6	F	K-5th Grade	7:30 a.m6:00 p.m.	\$30	1/15
3/27	F	K-5th Grade	7:30 a.m6:00 p.m.	\$30	2/15

**NOTE:** Walk-in registration is required. Registration begins July 8, 2025. Full Day Child Care Program is a State-Licensed program located at DG Cooley Elementary School -Upper Campus, 34 Westwood Rd. Participants are busy with arts and craft projects as well as a variety of recreational activities. Each child must bring a nonperishable lunch, refillable water bottle, and wear athletic shoes. Morning and afternoon snacks are provided. This Program follows Clarke County Public School schedule and is subject to change.

**PAYMENT:** A \$35 non-refundable registration fee is due upon registration along with any full days during the first month care is needed. If your child is enrolled in the After School Program for the 2025-2026 school year the registration fee is satisfied. Fees are paid monthly.

**REGISTRATION:** Walk-in registration is required at the Clarke County Recreation Center. Prior to registration, each family must create an account in our software system, https://clarke.recdesk. com. Registration Packets will be available June 3, 2025 at the Clarke County Recreation Center in Chet Hobert Park and online through the program at clarke.recdesk.com.

#### Registration will not be accepted without the required documentation.

- 1) Completed Registration Forms
- 2) The Child's Original Birth Certificate for CCPR staff to view and record. (First Time Participant)
- 3) A copy of the Child's Immunization Records (First Time Participant)
- 4) A copy of the child's Complete School Physical Examination. (First Time Participant)

#### (Allow two week days (M-F) to process your registration)

**NOTE:** This program must meet minimum enrollment requirements, or it will be canceled two weeks in advance of the program date. This program is subject to change based on staffing availability.

#### INSTRUCTORS NEEDED

Do you have a special talent that you would like to share with others? Complete an employment application and program proposal form at www.clarkecounty.gov and email to ccpr@clarkecounty.gov or call 540-955-5140 to speak with a program coordinator.

#### WASHINGTON COMMANDERS TICKETS

Washington Commanders football game tickets are available beginning Aug. 9 at 9am at the Clarke County Recreation Center in Chet Hobert Park. Call (540) 955-5140 after Aug. 1 for more details.



#### FREE SUMMER MOVIE SERIES

Movie: Twisters	Date: 6/20	Day:	_	Time: 9 p.m	Location: Chet Hobert Park
TWISICIS	0/20	Г	AII	9 p.m	Stage
Arthur the King	7/11	F	All	9 p.m.	Chet Hobert Park
If	8/8	F	All	9 p.m.	Stage Clarke County Pool

In inclement weather, the event will move inside the Recreation Center. Bring your lawn chair or blanket (floatation device on 8/8) to enjoy an evening of family friendly entertainment at the park.

## INNER TUBE WATER POLO

Date:	Day:	Age:	Time:	Fee:		
8/8	F	9+	6:30-8:30 p.m.	\$5		
Join us f	for a friendl	y non-comp	petitive game of water p	olo where		
players float in inflatable inner tubes to play. No experience needed.						
Inner tubes, a water polo ball and instruction will be provided.						

#### LASER TAG PARTY SERIES

Date:	Day:	Age:	Time:	Fee:
5/30	F	All	6-8PM	\$10/person
6/13	F	All	6-8PM	\$10/person
7/18	F	All	6-8PM	\$10/person
8/1	F	All	6-8PM	\$10/person

Imagine the thrill of laser tag...at the Park! A game coach will be onsite to set up a playing field, supply equipment, and give instructions. The laser taggers are state of the art! There is real time scoring! Up to 20 can play at once, and we will rotate players through! This event is held outside, but will move into the Recreation Center in the event of inclement weather.

#### FREE SUMMER CONCERT SERIES

Band:	Date:	Day:	Time:	Location:
Glen Shelton	5/18	SU	4-7PM	Rotary Shelter in Chet
				Hobert Park
Amulet	6/25	W	6-9PM	Rotary Shelter in Chet
				Hobert Park
Robbie Limon	7/30	W	6-9PM	Rotary Shelter in Chet
				Hobert Park
Souled Out	8/24	SU	4-7PM	Stage in
				Chet Hobert Park

In inclement weather, we will wait out the weather. Bring your lawn chair or blanket and enjoy an evening of free family friendly entertainment at the park.

#### SUPER SMASH BROS ULTIMATE TOURNAMENT

Date: Day: Time: Age: Fee: \$20/pp 5/10 SA 12 +5-9p.m.

Instructor: Shenandoah Esports Interns

Location: Clarke County Recreation Center

Clarke County Parks and Recreation in a creative collaboration with Shenandoah University Esports are excited to team up to bring local Super Smash Bros Ultimate players a night to remember. Come show off your skills and meet new friends at a brand new tournament series! More details are coming soon, but JV4 any previous plans on our 3rd tournament date of May 10, 2025! For questions, email tpitcock@clarkecounty.gov or call 540-955-5149.

# **Specialty Camps**

#### KINDERGARTEN READINESS CAMP

Dates:	Day:	Age:	Time:	Fee:
6/2-6/5	M-TH	4-5	9 a.m1p.m.	\$75
-			•	

Instructor: Alyssa Reams

Kindergarten Readiness Camp is designed for preschool/young learners. Activity overview: arrival, free play/draw, letter/sight words/numbers/basic math circle time snack and story time/center related to book, outside/game time, science/structured art project/basic cooking, lunch. finish with centers and goodbyes. Kids pack lunch and one snack.

#### MINI-SPORTS CAMP

Date:	Day:	Age:	Time:	Fee:
6/9-12	M-TH	7-15	9 a.m12 p.m	\$65

Instructor: Unique Hoops Basketball Academy

Don't let the ACTION pass you by! Participants will embark on a thrilling journey filled with a diverse array of games and activities. Engage in interactive and strategic challenges, team up for cooperative fun, and relish in all your beloved Playground classics. With four exciting classes lined up, there's bound to be something for everyone.

#### SOCCER STARS CAMP 1

SOCCER STITUS CITIVIT I					
Date:	Day:	Age:	Time:	Fee:	
6/9-13	M-F	3-5	4:30-5:10 p.m.	\$75	
6/9-13	M-F	5-7	5:15-6 p.m.	\$75	
6/9-13	M-F	7-12	6:15-7:15 p.m.	\$75	

#### SOCCER STARS CAMP 2

Date:	Day:	Age:	Time:	Fee:
7/14-18	M-F	3-5	4:30-5:10 p.m.	\$75
7/14-18	M-F	5-7	5:15-6 p.m.	\$75
7/14-18	M-F	7-12	6:15-7:15 p.m.	\$75

Instructor: Coach Michael Norton

Location: Lions Shelter

Clarke County Parks and Recreation in collaboration with Soccer Stars is offering a 5-day camp for children ages 3-12 teaching the fundamentals of soccer in a fun, non-competitive, educational environment. All classes use positive reinforcement to teach children soccer skills in a fun, engaging way. Older Participants 7-12 should wear shin guards all campers are required to wear closed toed shoes and bring a water bottle. Additional camp maybe added

#### LITTLE STEAMERS CAMP

	ETT TEE STERMIERS CITIVE					
Date:	Day:	Age:	Time:	Fee:		
6/10-12	T-W-TH	3-6	9-10:30 a.m.	\$65		
7/21-24	M-TH	3-6	9-10:30 a.m.	\$65		

Instructor: Alyssa Reams

Young learners ages 3-6 will have the opportunity to learn about and create projects in science, technology, engineering, art and math areas. Hands-on, nature, and sensory learning will be a focus, as well as Maker Space and Loose Parts centers.

#### **CODING CRAFTERS**

Date:	Day:	Age:	Time:	Fee:
6/10-12	T-W-TH	8-12	1-3 p.m.	\$55

Instructor: Ashley Newman

Get ready for an exhilarating adventure into the world of coding with Code Crafters! This camp is your gateway to discovering the magic of programming. Dive into hands-on activities, explore the retro charm of 8-bit coding, and unlock even more coding wonders! Exclusively for 3rd-5th grade girls, join us and embark

on a journey to spark your creativity and ignite your passion for technology. Do not miss this exciting opportunity to become a coding superstar!

#### **SUMMER TENNIS CAMP**

Date:	Day:	Age:	Time:	Fee:
6/16-19	M-TH	8-13	9-10:30 a.m.	\$88
6/30-7/2	M-W	8-13	9-10:30 a.m.	\$66*
8/4-7	M-TH	8-13	9-10:30 a.m.	\$88

Instructor: Coach Jackie Johnson
Location: CCPR Tennis Courts
Come out and make new friends in
this fun camp but hurry SPACE is
Limited! Participants will increase
their knowledge of the game through
instruction, drills and friendly
competition. Bring racquet, visor, water
bottle and snack. 4 classes Rain Makeups may be scheduled on Fridays.\*6/30
camp is 3 classes (racquets will be
available for use in camp if needed)



#### ART EXTRAVAGANZA CAMP

Date	Day	Age:	Time	Fee:
6/16-19	M-TH	5-8	9-11a.m.	\$58*

Instructor: Allyson Allison

There is an additional material fee of \$10.00 for this camp. Each day the instructor will provide a variety of art supplies so your child can unleash their inner creativity. They will paint, draw and craft to their hearts delight!

#### **CREATIVE DANCE CAMP**

Date:	Day:	Age:	Time:	Fee:
6/16-19	M-TH	5-10	1-3 p.m.	\$58*

Instructor: Allyson Allison

Welcome to dance camp! Each class starts with a craft time, after that we will explore different dance forms: ballet, tap, Modern, and Jazz style dancing. At the end of the session on Thursday, plan to come and watch our show around 2:30pm. make sure your student brings in to class daily: water bottle, light snack, and comfortable clothes to dance in. Please tie back your child's hair if it is long. If your child has tights, leotard, ballet and tap shoes have them dressed and ready to dance. For the student that does not have these items they need to wear socks, and bring in a pair of shoes that they can tap in. No flip flops or open toed shoes.

## OLYMPIC FENCING CAMP: OLYMPIC STYLE FENCING INSTRUCTION

Date: Day: Age: Time: Fee: 6/23-26 M-TH 8-14 1-3 p.m. \$190

Location: D.G Cooley Gym- Upper Campus

Instructor: Head coach David Copeland, 25+ years of Fencing coaching experience.

There is an additional materials fee of \$35 payable to instructor on first day of class(includes official fencing glove for campers to keep). This fencing camp will cover the history of the sword, as it relates to fencing, dueling, and the beginnings of the sport. Students will also get an understanding of the weapons, how each one is used, and the modern-day understanding of the rules. From the first lesson and onward through the camp, beginners will also acquire an understanding of proper footwork, form, and function. Students will also have the opportunity to fence using the same style of electronic equipment used in the modern Olympic Games.

#### FASST SPORTS PERFORMANCE/ DEVELOPMENT CAMP

Date:	Day:	Age:	Time:	Fee:
6/24-26	T-TH	8-14	9-10:30 a.m.	\$75
7/29-31	T-TH	8-14	9-10:30 a.m.	\$75

Instructors: FASST Sports Performance Training Coaches

Location: Lions Shelter

Come join the movement. Are you ready for 90 minutes of FASST FUNdamentals Athletic Development Programs. FASST will be teaching speed and agility methods, movement quality, balance and coordination, agility/foot speed. Its Professional technical training with Professional Coaches with immediate application into competitive games at real time speeds.

#### **DRAGON LAIR CAMP**

Date:	Day:	Age:	Time:	Fee:
7/7-10	M-TH	5-8	9-11 a.m.	\$58*

Instructor: Allyson Allison

Explore the world of castles, dragon's and treasure maps! We will go on a treasure hunt, create a castle, build a dragon den and read courageous stories about dragons and knights. Each day will look like this: a daily craft, explore outdoors, play games, and read stories. Please bring water bottle, snack and good walking shoes (no flip-flops).

#### ON THE FARM CAMP

Date:	Day:	Age:	Time:	Fee:
7/7-10	M-TH	8-12	1-3 p.m.	\$58*
8/4-7	M-TH	5-8	9-11 a.m.	\$58*

Instructor: Allyson Allison

There is an additional material fee of \$10.00.Come and get your hands dirty with planting, painting and exploring on the farm. We will paint a landscape, design a bamboo/stick trellis, decorate clay pots and plant seeds of course. Discuss good and not so good bugs and how to handle them. Explore the world of pollinators and design a pollinator garden. We might even visit a working farm!

#### **BASKETBALL CAMP**

Date:	Day:	Age:	Time:	Fee:
7/7-11	M-F	6-12	9 a.m12 p.m.	\$75
7/21-25	M-F	6-12	9 a.m12 p.m.	\$75

Instructor: Christian Waters

This camp is ideal for players who are beginning to show interest in the game of basketball. Participants will be instructed in the primary skills of the game such as dribbling, shooting and defense.5 classes

#### **SEWING CAMP**

Date Day: Age: Time: Fee:

7/8-10 T-TH 9-16 1-3PM \$10 (bring your own fabric)

Instructor: Claudia Lefeve, 4-H Youth Development

Location: Extension Office

Join the fun and come learn to sew with us! Campers will be taught different sewing techniques during camp. They will learn how to use the sewing machine to create something special to take home.

**Oops!!** We canceled your class because we didn't know you were interested. Sometimes we have wonderful classes with excellent instructors canceled because people wait to register. Our programs have minimum enrollment requirements that must be met in order to hold the class. Don't wait, register today!

#### IN HISTORY'S FOOTSTEPS AT COOL SPRING

Date:	Day:	Age:	Time:	Fee:
7/15	T	6-15	9-1 p.m.	\$30

Instructor: Jonathan Noyales

Location: Shenandoah River Campus at Cool Spring Battlefield Led by Prof. Jonathan A. Noyalas, director of Shenandoah University's McCormick Civil War Institute, In History's Footsteps at Cool Spring will teach students, via a series of immersive and hands-on activities, about the life of the common Civil War soldier including Civil War uniforms and equipment; how Civil War armies communicated via wig-wag flags and Civil War infantry drill. These activities will not only provide students the opportunities to learn, but to develop leadership skills as each student will be given a chance to lead portions of drill and wig-wag communications. Additionally, this program will teach students about the Battle of Cool Spring through artifacts discovered on the battlefield as well as through the stories of soldiers who fought in the battle. This portion of the program will not only enrich student understanding of one of Clarke County's richest historic resources and hopefully spark a lifelong appreciation for history, but also sharpen student's critical thinking abilities.

#### **GYMNASTICS CAMP: FLIP INTO PARADISE**

 Date:
 Day
 Age
 Time:
 Fee:

 7/14-17
 M-TH
 5-15
 9-11 a.m
 \$79

Instructor: Tidal Wave Athletics

Location: D.G Cooley Gym- Upper Campus

Let's make this summer one to flip over! Get ready to cartwheel into summer with Flip Into Paradise! This tropical-themed gymnastics camp is all about mastering new skills while having a blast. From beam balances to bar routines, your gymnast will build strength, flexibility, and confidence with expert coaching in a fun, island-inspired atmosphere. We're talking palm tree vibes, limbo challenges, and maybe even a beach ball relay (because who says you can't mix a little fun with those flips?).

#### CHEER CAMP: WAVE WARRIORS: SPIRIT SPLASH

Date: Day Age Time: Fee: 7/14-17 M-TH 5-15 12-2 p.m. \$79

Instructor: Tidal Wave Athletics

Location: D.G Cooley Gym- Upper Campus

It's time to bring the HEAT and HYPE with Wave Warriors: Spirit Splash! This high-energy cheer camp is where stunts meet sass, and every cheerleader learns to shine both on and off the mat. From perfecting your motions to hitting those pyramids, we'll dive into all things cheer with a splash of summer fun! Expect team challenges, dance-offs, and maybe even a spirit battle—because what's cheer without a little friendly competition? Grab your pompoms and let's make waves this summer!

#### **STEM CAMP**

Date: Day: Age: Time: Fee: 7/21-24 M-TH 8-12 1-3 p.m. \$75

Instructor: Ashley Newman

Embark on an exhilarating adventure with our STEM Camp! Dive into a world of discovery as we unravel the wonders of Science, Technology, Engineering, and Mathematics. Get ready for hands-on experiments, thrilling engineering challenges, and a plethora of exciting activities that will ignite your curiosity and creativity. Join us and be part of an unforgettable experience designed for all 3rd to 5th graders eager to take on the challenge. Don't miss out on the fun and learning!

## UNICORN DREAMS IN THE "ENCHANTED FOREST CAMP"

Date: Day: Age: Time: Fee: 7/21-24 M-TH 5-8 9-11 a.m. \$58\*

Instructor: Allyson Allison

Dance among the magical and mystical world of unicorns, Butterflies, and Rainbows. This camp will explode with fantasy. Create your own unicorn craft each day, explore outside in our pretend unicorn forest under the pine trees at the park and read enchanting stories of unicorns. So bring your unicorn (plush animal or model) and ride with us on a four-day adventure! Please bring snack, water, and good walking shoes.

#### **JEWELRY GEMS CAMP**

Date: Day: Age: Time: Fee: 7/21-24 M-TH 8-12 1-3 p.m. \$58\*

Instructor: Allyson Allison

There is an additional material fee of \$10.00. Arts & crafts are filled with fun activities that can foster individuality, creativity, and friendship. The activities in this camp include jewelry making using beads, sequins, clay, yarn, and floss.

## CAMP CREATIVITY- GET READY FOR THE CLARKE COUNTY FAIR

Date: Day: Age: Time: Fee: 8/4-7 M-TH 8-12 1-3 p.m. \$50

Instructor: Allyson Allison

There is an additional material fee of \$10 payable to the instructor on first day of camp. "Craft to compete" Design award winning crafts to enter in the upcoming Clarke County Fair 8/9-16. Bring your own partially done craft or start a new one. We will be painting, drawing, creating paper crafts and designing your own "camp craft" or "recycled art craft". By the end of the week, you should have several beautiful crafts to enter in the fair. You will receive helpful hints on what class to enter and how to enter the fair. You will have quiet time to work, and be able to share ideas! Plan to get dirty! Bring a water bottle and snack and join us for some creative creations 4 class



#### LITTLE SPLASHERS –GYMNASTICS

Date:	Day:	Age:	Time:	Fee:
5/1-22	TH	3-5.5	5-5:45 p.m.	\$52
5/1-22	TH	3-5.5	6-6:45 p.m.	\$52

## COMBO PUDDLE JUMPERS AND WAVE RIDERS –GYMNASTICS

Date:	Day:	<u> Age I</u> :	<u>Age II</u>	Time:	Fee:
5/1-22	TH	5-7	8-15	5-6 p.m.	\$65
5/1-22	TH	5-7	8-15	6-7 p.m.	\$65

Instructor: Kaylee Fowler-Tidal Wave Athletics

Location: D.G. Cooley Upper Campus Gym

Our Gymnastic Programs are offered in cooperation with Tidal Wave Athletics. Gymnastics is a great foundation for ALL SPORTS. Through gymnastics your athlete will learn balance, strength, coordination, and basic gymnastics skills in a FUN environment where safety is our number one priority! 4 classes Subject to change.

#### SOCCER STARS CLASSES

Date:	Day:	Age:	Time:	Fee:
5/6-27	TU	12mo-2 y	4:45-5:25 p.m.	\$60
5/6-27	TU	2-3y	5:30-6:10 p.m.	\$60

Instructor: Coach Michael Norton

Location: Lions Shelter

Clarke County Parks and Recreation in collaboration with Soccer Stars is offering soccer based classes for children ages 12 months-3 years to quickly and developmentally gain confidence, follow directions, expand muscle memory, and develop pre-soccer and gross-motor skills in an educational environment as they matriculate through our progressive age-appropriate programs with Positive reinforcement and engaging curriculum. Participants should wear closed toed shoes and bring a water bottle

#### LADIES BEGINNER TENNIS

Date: Day: Age: Time: Fee: 5/3 SA 18+ 9-10:30 a.m. \$15

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Ladies come join us at the courts with Coach Jackie. Learn the fundamental of how to play Tennis-Grip, Stance, Stroke Hitting, Techniques, Rules & Etiquette in a fun way. Beginners and players looking to return back to the sport are welcome to register and meet new friends! bring a racquet, visor, water bottle. 1 class

#### FAMILY FUN DAY-CCPR AND SVTA

Date: Day: Age: Time: Fee: 5/17 SA 5+ 9-11 a.m. Free

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Coach Jackie and members of the Shenandoah Valley Tennis Association (SVTA) will be hosting a free tennis clinic for all 5+ at the CCPR Tennis Courts in conjunction with SVTA's Tennis Time series of clinics held a various location in the valley this summer. Play quick matches with players of similar age and skill and fun games. Equipment provided, no experience required. Go to **www.svtatennis.net** for additional Tennis Time events, Adult and Junior Match Play Tournaments and playing opportunities.

#### FUN FAMILY TENNIS DAY: CCPS ELEMENTARY

Date: Day: Age: Time: Fee: 5/31 SA 5+ 9-10:30 a.m. Free

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Coach Jackie invites her students from Tennis in the Classroom and their families out to the courts for a day of fun. We have the tennis racquets for this event just wear closed toed non marking athletic shoes

#### **FENCING MIXED FOIL 102**

Date: Day: Age: Time: Fee: 7/18-9/12\* F 9& Up 8-9:30 p.m. \$160 Instructor: David Copeland, USFA Professional Member with 25+ years of coaching experience

Location: D.G. Cooley Upper Campus Gym

There is an additional \$35.00 RTF Fee & partial equipment fee that is payable to instructor. Prerequisite: Fencing Basic 101. This class focuses on tactical strategies of foil, a greater understanding of the rules, and holds the student to a higher physical demand. Students will learn foil blade work, footwork, acquire a good understanding of proper movement, understand reffing and open bouting on electronic scoring equipment. They will spend equal time observing, refereeing, fencing, and in physical training. \*8 classes (No class on 8/29) Location subject to change

#### FENCING MIXED FOIL 202

Date: Day: Age: Time: Fee: 7/18-9/12\* F 9& Up 7:30-9:30 p.m. \$180 Instructor: David Copeland, USFA Professional Member with 25+ years of coaching experience

Location: D.G. Cooley Upper Campus Gym

An additional \$35.00 RTF Fee is payable to instructor. \*Students must have acquired all of their own fencing gear for this class. Prerequisite: Fencing Basic 101 and Foil 102. Fencers will spend equal time observing, refereeing, fencing, and in physical training. \*8 classes (No class on 8/29) Location subject to change

#### PRIVATE TENNIS LESSONS

Date: Day: Time: Fee: Age: by appt. by appt. 11 +**TBD** \$65/hr SEMI-PRIVATE TENNIS LESSONS (2 PEOPLE) Date: Day: Age: Time: Fee

by appt. by appt. 11+ TBD \$35/hr/pp SEMI-PRIVATE GROUP TENNIS LESSONS (3+ PEOPLE)

Date: Day: Age: Time: Fee by appt. by appt. 14+ TBD \$24/hr/pp

#### RED BALL-GROUP TENNIS LESSONS (3+ PEOPLE)

Date: Day: Age: Time: Fee by appt. by appt. 5-7 TBD \$24/hr/pp

ORANGE BALL-GROUP TENNIS LESSONS (3+ PEOPLE)

Date: Day: Age: Time: Fee by appt by appt. 8-11 TBD \$24/hr/pp

GREEN/YELLOW BALL-GROUP TENNIS LESSONS (3+ PEOPLE)

Date: Day: Age: Time: Fee by appt. by appt 11+ TBD \$24/hr/pp

Instructor: Coach Jackie Johnson Location: CCPR Tennis Courts

Interested in enhancing your game? Private lessons improve your game through individualized attention and working on specific areas. Please bring water bottle and a Tennis Racquet with you or borrow one of ours.\*by appointment only -Subject to change-weather conditions Starting in April. \*\*For group lessons, players will be assessed and put in groups based on their abilities.

#### **PGA JUNIOR LEAGUE**

Date:Day:Age:Time:TBATBA13UTBATBATBA17UTBA

Instructor: Joel Pyron, PGA Director of Instruction On the Path Golf Academy Location: Locust Hill Golf Course Charles Town, WV

Come and join us for another great season of PGA Junior League. As always our goal is to create a safe and fun environment; where kids can grow in golf and character. We will be having weekly practices and matches. Season runs Mid-April-Early June. Register: https://www.pgajrleague.com/junior-league-events/

#### FIRST TEE PROGRAM

Date: Day: Age: Time: TBA TBA 13U TBA

Instructor: Locust Hill Golf Staff

Location: Locust Hill Golf Course Charles Town, WV

First Tee Program: The West Virginia Eastern Panhandle Chapter of the First Tee Program will be offered at Locust Hill Golf Course again in 2025. The First Tee Nine Core Values \* Honesty – Integrity – Sportsmanship – Respect – Confidence -& Responsibility – Perseverance – Courtesy – Judgment The First Tee Nine Healthy Habits \* Energy – Play– Safety – Vision – Mind – Family – Friends – School – Community. Registration Link: https://firstteewestvirginia.org/

#### ON THE PATH GOLF ACADEMY CONSULTATION

Date: Day: Age: Time: Fee: By appt by appt 18+ by appt \$125
Instructor: Joel Pyron, PGA Director of Instruction On the Path Golf

Academy

Location: Locust Hill Golf Course Charles Town, WV

Thank you for your interest in On the Path Golf Academy. If you are new to the program the first step is to book a 55 minute consultation appointment. During this time an instructor will evaluate your game or if you are a beginner you will be introduced to the game of golf. You will have a conversation with the instructor regarding what your overall goals are and what it will take to achieve these goals. A full understanding of the academy and what we do will all be discussed during the consultation as well. Once an agreed upon action plan has been established you will then become a member of the academy. Follow Registration Link: https://calendar.google.com/calendar/u/0/appointments/schedules/AcZssZ0eS7Aq8w8FAvlZMY1ezGonNo6FILck0dGT\_jG1CaEDaQ5Z5jl412\_EkMey3abNOdqHsj\_OlU4v?gv=true



#### SPOTLIGHT ON TUSCANY

March 18-March 26, 2026 • 9 Days • 11 Meals

Highlights: Montecatini Terme, Lucca, Gothic Line, Winery Tour, Florence, Choice on Tour: Montecatini Walking Tour or Siena, Pisa, Cooking Class, Cheese Farm, San Gimignano Included in Price: round trip air from Washington, air taxes & fees/surcharges, hotel transfers.

https://gateway.gocollette.com/link/1271420

## HAPPY 250TH ANNIVERSARY AMERICA: AMERICA'S COWBOY COUNTRY

July 7-July 14, 2026 8 Days 10 Meals

Highlights: Badlands National Park, Custer State Park, Crazy Horse Memorial, Mt. Rushmore, Yellowstone National Park, Jackson Hole, Grand Teton National Park. https://gateway.gocollette.com/link/1335206

#### HAPPY 250TH ANNIVERSARY TRIP ISLANDS OF NEW ENGLAND

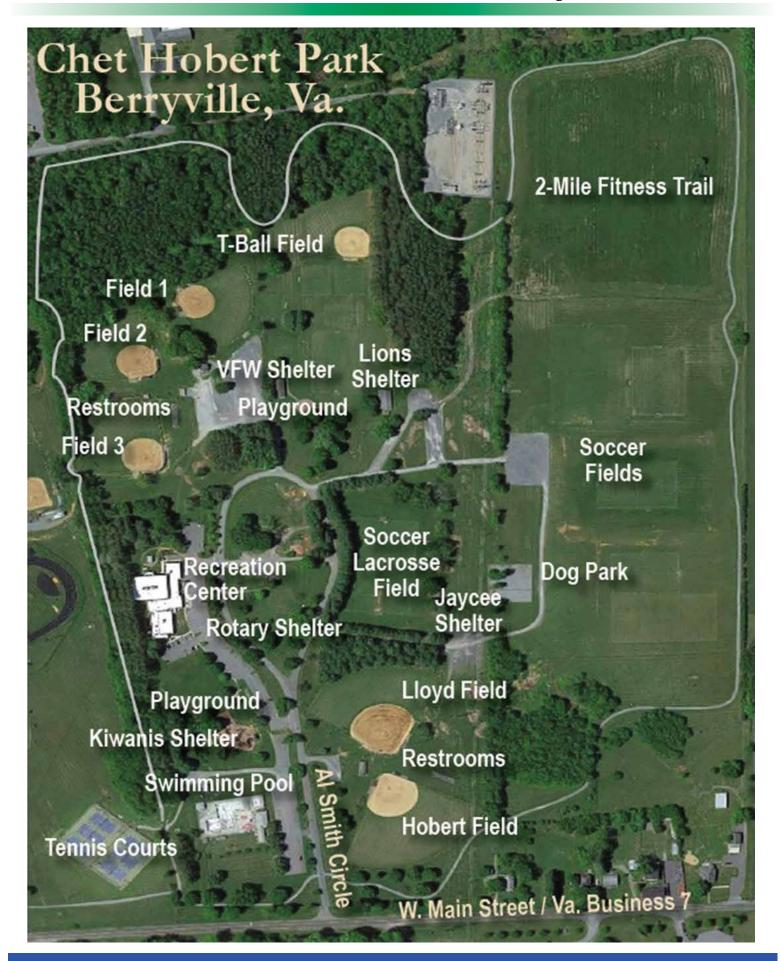
#### Late 2026

The Atlantic coast is calling. Explore New England's majestic seaboards, from Rhode Island to Cape Cod. Visit Providence and the Gilded Age mansions of Newport. Experience the beautiful islands of Martha's Vineyard and Nantucket. Complete your local experience as you indulge in a traditional seafood and lobster feast. Explore the local charms, walk along historic cobblestone streets, and feel like a true New Englander. Highlights And Inclusions: Travel Newport's breathtaking Ocean Drive past the sprawling mansions of Bellevue Avenue., Learn Massachusetts' history as the former whaling capital of the world at the Nantucket Whaling Museum., Visit "The Vineyard" and see its famous gingerbread-style houses. *Cultural Experiences: Culinary Inclusions: Choice on Tours and much more* 

## CHRISTMAS MARKETS OF MONTREAL AND QUEBEC CITY

#### December 2026

Enchanting winter experiences and magical Christmas markets await in Quebec City and Montreal, each with its own unique charm and character. Embark on a city tour of Quebec City, bundling up to wander through Old Quebec and among the wooden stalls of its German Christmas markets. Discover the history and landmarks of Montreal, from atop Mount Royal to the Underground City. Learn about the art and tradition behind making the iconic French holiday cake, the Bûche de Noël. Visit a traditional sugar shack in the Quebec countryside and see the impressive Montmorency Falls. Set out on a festive journey to two French Canadian cities in the heart of the holiday season. Must-See Inclusions: Cultural Experiences, Quebec City's German Christmas Market.



## **Facility Rental Fees**

FACILITY	NON-RESIDENTS	CLARKE COUNTYRESIDENTS	ADDITIONAL FEES*	COMMERCIAL ACTIVITIES***	
Picnic Shelters	\$45 (all day)	\$40 (all day)		\$60/hr Residents or \$80/hr Non-Residents	
Tennis Courts	\$15/hour per court	\$10/hour per court			
Softball/Baseball Fields	\$25/hour per field	\$20/hour per field		\$40/hr Residents or	
			\$20 dragging	\$50/hr Non-Residents	
			\$10 lining		
			\$10/hour lights		
Soccer Fields	\$25/hour per field	\$20/hour per field		\$40/hr Residents or	
Field 1,2 & Practice Field			\$60 lining	\$50/hr Non-Residents	
Field 3,4 & 10			\$40 lining		
U6 & U8			\$20 lining		
RECREATION CENTER			COMMERCIAL ACTIVITIES		
Full Gym	\$80/hour	\$70/hour		\$140/hr Residents or \$160/hr Non-Residents	
Half Gym	\$50/hour	\$40/hour		\$80/hr Residents or \$100/hr Non-Residents	
Multi-Purpose Room	\$40/hour	\$30/hour		\$60/hr Residents or \$80/hr Non-Residents	
Arts & Crafts Room	\$40/hour	\$30/hour		\$60/hr Residents or \$80/hr Non-Residents	
ALC Main Room	\$75/hour	\$65/hour		\$130/hr Residents or \$150/hr Non-Residents	
ALC Kitchen**	\$40/hour	\$30/hour	\$20/hour Supervisor Fee**	\$60/hr Residents or \$80/hr Non-Residents	
Full Facility (ALC not included)	\$120/hour up to 8 hrs.	\$100/hour up to 8 hrs.	\$10/hour Holding Fee****	\$200/hr Residents or \$240/hr Non-Residents up to 8 hours	
	\$60 each add'l hour	\$50 each add'l hour	Additional Service Fees	\$100/hr Residents or \$120/hr Non-Residents each additional hour	
			May Be Charged, Including:	each additional nodi	
			\$160 Floor Covering		
			\$20 per hour		
			Additional staff		
			\$15 Volleyball		
			\$20 Wee Gym Set-Up		
			\$10 Pickleball		
			\$75 Nerf Party		
**Supervisor Fee	\$20/hour	\$20/hour	\$20/hour	"Make facility reservation requests at clarke.recdesk.com."	
Pool (Seasonal Outdoor)	\$250 for 2 hours	\$200 for 2 hours	\$40/each Additional Lifeguard		

**Note Pool Rental:** Pool rental fees includes 3 lifeguards for up to 100 people. Parties of more than 100 people require additional guard for every 30 additional people. Call Parks & Recreation at (540) 955-5140 for more information.

#### Note: Rental fees apply to personal use.

- \* Clarke County Non-Profit organizations receive a 50% discount on hourly rental fees only. Discount does not apply to additional fees.
- \*\*A Supervisor must be hired with any ALC Kitchen rental or any Recreation Center or ALC rental during off-hours.
- \*\*\*All commercial activities must be approved by CCPR. A person conducting any type of commercial activity in the park that does not require the use or rental of a facility must pay 15% of gross receipts to CCPR. Clarke County Non- Profits will be reviewed on a case-by-case basis.
- \*\*\*\*A holding fee is required for any multi-day Full Facility rental ending before the Recreation Center closes but still requires the building to be shut down and unusable by CCPR.

# **Registration Form**

**NOTE:** All programs listed in this guide are held at Chet Hobert Park (225 Al Smith Circle, Berryville) unless otherwise noted.

#### **HOW TO REGISTER**

- Use the online registration system at https://clarke.recdesk.com, or
- Go to the Clarke County Recreation Center during normal business hours, or
- Mail a registration form (below) with check or credit card information to: CCPR Program Registration, 225 Al Smith Circle, Berryville, VA 22611, or
- Call Parks & Recreation at (540) 955-5140 during normal business hours and have credit card information ready, or
- Fax registration form with credit card information to (540) 955-4049.

Signature \_\_\_\_\_

#### FEES

Payment must accompany registration. CCPR charges a \$20 returned check fee.

#### **REFUNDS**

Refunds are given only for medical reasons and must be requested one week prior to class. A \$5 administrative fee is charged for all refunds. Class credit is issued for cancellations less than one week prior to class only for medical reasons. If Parks & Recreation cancels a program, a full refund will be processed.

#### **CANCELLATIONS**

Parks and Recreation reserves the right to cancel any program because of insufficient enrollment, *so register early!* 

PROGRAM REGISTRATION BEGINS ON APRIL 9 FOR CLARKE COUNTY RESIDENTS AND APRIL 11 FOR NON-CLARKE COUNTY RESIDENTS AT HTTPS://CLARKE.RECDESK.COM

#### ACCOMMODATIONS

Clarke County Parks & Recreation is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on an individual's need. Contact CCPR prior to the program for assistance. If hearing impaired, call Virginia Relay Center at (800) 828-1140.

#### **INCLEMENT WEATHER**

Weather-related cancellations will be announced on local radio stations and/or on Facebook. Follow Clarke County Parks and Recreation on Facebook.



Received by:

## HOUSEHOLD REGISTRATION PLEASE PRINT:

\*Prior to registration, a household account must be created at https://clarke.recdesk.com PRIMARY HOUSEHOLDER Last name: \_\_\_\_\_\_ First name: \_\_\_\_\_ Address: \_\_\_\_\_\_ State: \_\_\_\_ ZIP Code: \_ Primary Phone: \_\_\_\_\_\_Secondary Phone: \_\_\_\_\_ Email: \_\_\_\_\_\_ Circle one: Male Female Date of birth: \_\_\_\_\_ SECONDARY HOUSEHOLDER Last name: \_\_\_\_\_\_ First name: \_\_\_\_\_ Primary Phone: \_\_\_\_\_Secondary Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Circle one: Male Female Date of birth: \_\_\_\_ Emergency contact person: \_\_\_\_\_ Phone: Participant (last, first) Date of birth Program Date Sex Fee: Babysitter Training Nov. 12 Sample, John 3/28/92 \$85 TOTAL \$ If paying by credit card, circle one: Visa MC Amex Discover OFFICE USE ONLY Exp. Date: Card No.: CVV# (circle one) Cash / Check / Credit Card